

Listening Comprehension: Identifying Daily Routines

1. Listening and Fill-in-the-Blanks

Listen to the following audio about a daily routine and fill in the blanks with the correct words.

"My name is Sarah. I wake up at ____ every morning. I usually have a quick breakfast, then I ____ to work. I start work at ____ and finish at ____ in the afternoon. After work, I often go to the gym and have ____ for dinner. I go to bed at ____."

2. True or False: Listen to Sarah's routine again and underline the correct answer.

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| a) Sarah wakes up at 6:30 a.m. every morning. | (True/False) |
| b) Sarah takes the bus to work. | (True/False) |
| c) Sarah works from 9:00 a.m. to 5:00 p.m. | (True/False) |
| d) After work, Sarah goes to the gym. | (True/False) |
| e) Sarah has pizza for dinner. | (True/False) |
| f) Sarah goes to bed at 10:00 p.m. | (True/False) |
| g) Sarah has a big breakfast every morning. | (True/False) |