

MY DAILY ROUTINE

1. Look at the pictures of each part of the day and write a sentence about each activity.



2. Look at the table. Write your daily routine based on the time and activity. Use the present simple tense.

For example, I wake up at 7:00 AM, I eat lunch at 12:30 PM.

| Time | Activity | Sentence Example |
|----------|-------------------|------------------------------|
| 6:30 AM | Wake up | I wake up at 6:30 AM. |
| 7:00 AM | Have breakfast | I have breakfast at 7:00 AM. |
| 8:00 AM | Go to school/work | I go to school at 8:00 AM. |
| 12:00 PM | Eat lunch | I eat lunch at 12:00 PM. |
| 5:00 PM | Do homework/relax | I do my homework at 5:00 PM. |
| 7:00 PM | Watch TV/dinner | I watch TV at 7:00 PM. |
| 9:00 PM | Go to bed | I go to bed at 9:00 PM. |