

¹ F	I	N	G	E	R	S				
						2				
				3						
		4								
			5							
			6							
						7				

- 1 Most people have eight of these on their hands.
- 2 Most people have ten of these on their feet
- 3 You can find this in your mouth.
- 4 Most people have two of these on their hands.
- 5 This is what controls the body.
- 6 This is always behind you.
- 7 This sends the blood around the body.

Clue for the mystery word:

1 I banged my foot and hurt my *toe* / *heart* / *tongue*.

2 Kasim was playing football yesterday when he hurt his *ankle* / *blood* / *stomach*.

3 She cut herself on a piece of glass and lost a lot of *heart / blood / brain*.

4 I've had a bad cold for days and now my left *ear* / *brain* / *blood* hurts and I can't hear very well.

5 I was sitting at my desk studying all day and now my *thumb* / *ankle* / *neck* is sore.

3 Complete the sentences with a suitable adjective.

1 Someone who is l a z y makes no effort to do things.

2 A c person believes they can do anything.

3 If someone feels e _____, they feel shy or ashamed of themselves.

4 A lonely person feels sad because they feel they are alone.

5 Someone who is w_____ is thinking about negative things that might happen.

6 A person who is s _____ experiences an unexpected feeling.

7 A f_____ person is helpful and kind to others.

8 An u _____ person is not pleased with a situation.

9 If someone is a _____, they want to shout at people for doing things they dislike.

10 A person who is u _____ feels sad and unhappy.

4 **Underline and correct the mistakes in eight of the sentences.**

1 I'm feeling lonely because I don't want to leave this school.unhappy.....

2 Grace was very surprised when her dog died and cried for days.

3 I was so lonely when James didn't recognise me at the party. I went bright red.
.....

4 I've practised the piano every day, so I'm confident I'll pass the exam.

5 I'm really embarrassed about our cat; I haven't seen it for three days now.
.....

6 The old lady on our street always looks worried. I don't think she has any family.
.....

7 Pete was so unhappy when he found out he got 100% on his test.

8 Lara is so lazy; she never helps around the house.

9 Gina is very angry and always helps the new students on their first day.
.....

10 Dad was so lazy when he saw the broken window. He started shouting very loudly.
.....

5 **Complete the text with suitable words.**

What kind of person are you? Are you usually happy and (1) c...*onfident*.....? Or do you get (2) u..... easily? Teenagers are under a lot of pressure nowadays so it's not uncommon for them to be (3) w..... about their body and its changes. They may also feel (4) l..... because they don't know who they can talk to. People often feel (5) e..... and uncomfortable talking to other people about their bodies or health issues. Taking care of yourself is one way to feel better. Eating healthily means a healthy body and exercise is good for your (6) h..... . It's important to sleep well too because sleep recharges the (7) b..... and provides energy for the following day. Obviously, you need to study but it's important to (8) h..... fun too, so make sure you (9) s..... time with your friends. Take up a hobby too: read a book or start collecting something. You might be (10) s..... by how good you feel.