

SNOW HOLING

Read the text and write a word which best fits the gap.

The winter sport of snow-holing developed out (1) _____ a survival technique. If you get lost and have to spend the night outside in a frozen landscape, then digging a snow hole to provide (2) _____ with warmth and shelter is a good idea. The snow-hole works on the same principle (3) _____ the igloos building by Inuit people out of ice.

Snow-holing has now developed (4) _____ an adventure sport. Before you try it, however, you need to do a basic snow-skills course, where you also learn how to use an ice-axe and other necessary equipment. But experience of winter hillwalking is also essential in (5) _____ to be accepted on a course. You also work in a team, and (6) _____ it in turns to dig out the hole. It is (7) _____ something you can do alone.

(8) _____ to people who have tried it, a snow-hole is surprisingly comfortable. Having constructed your hole, you settle (9) _____ for the night and wake up to absolute silence and the incredible light of the dawn sun on the ice.

