

A. LISTENING (2.0 points)

PART I. Listen to the radio advert and fill in the gaps in the table below. You will listen TWICE. (1.0 point)

Length of holiday: (1) days

Bangkok: 2 days visiting (2) and busy markets

Chiang Mei: 4 days trekking including a ride on a(n) (3)

Cost: (4). £..... including return flight from London.

PART II. Listen to a man and a woman talking about Social media and teenage health then choose the correct answers. You will listen TWICE. (1.0 point)

5. According to Neil, the latest apps of social media is.....

A. Snapchat

B. Tiktok

C. Threads

6. People who spend more than hours a day on social media have double the risk of developing depression and anxiety.

A. 2

B. 3

C. 5

7. is regulating social media apps for teenagers

A. The US

B. The UK

C. France

8. what percentage of 13 to 24-year-olds use Snapchat?

A. 70%

B. 80% or

C. 90%

B. LANGUAGE FOCUS (2.0 points)

PART I. PHONETICS (0.5 point)

9. Find the word which has a **different sound** in the part underlined:

A. garbage

B. chat

C. park

10. Choose the word with the **different stress** pattern:

A. liveable

B. dangerous

C. congested

PART II. VOCABULARY AND GRAMMAR (1.5 pts)

Choose the correct answer to complete each of the sentences

11. If you feel unwell, you _____ consult a doctor.

A. could

B. might

C. should

12. I'm trying to _____ fatty foods.

A. carry out

B. cut down on

C. get around

13. A(n) _____ is a person whose job is to install and repair electrical equipment.

A. electrician

B. Police officer

C. firefighter

14. Hoa: "Do you mind closing the door for me?"

- Nick: "_____"

A. No, not at all

B. Yes, I do

C. No, I mind it

Complete the sentences with an appropriate form of the given words in the bracket.

15. The artisans use machines for some steps to _____ the process. (short)

16. If John _____ his project on time, he can go out with his friends at the weekend. (complete)

C. READING (2.0 points)

PART I. Read the passage and fill each blank, using the words in the box. (1.0 pt)

Exercising

specifically

improve

physical

make

Why We Should Exercise!

Do you know why sports and exercise are good for us?

Firstly, sports and exercise can (17) your looks and your mood. That is because working out is a great way to maintain a healthy weight and when you look good, you will feel good. (18)for 30 minutes each day also helps you reduce stress. This is because your brain releases feel-good chemicals when you work out. Therefore, if you're unhappy, getting some fresh air by taking a stroll or riding your bike will make you feel better. Also, joining a sports team is an excellent way to build relationships and (19) new friends.

Secondly, there are other health benefits for our bodies besides getting fit. Our bodies can become stronger through sports and exercise, which boosts energy levels. Also, (20).....activities can lower the chance of cancer and heart disease because they control our weight and strengthen our bodies. Regular physical activities can help you have a deep sleep, too. Just don't exercise too close to bedtime, or you may have too much energy to go to sleep.

Answers: 17. 18. 19. 20.

PART II. Read the passage, choose the best answer to the questions. (1.0 pt)

Ways to Make a City green

How can we improve the cities where we live in? Let's find out.

One of the best ways to improve cities is to add green spaces. Urban farming is popular in Paris, France, which is home to the world's largest rooftop garden. People use it to grow fresh food for local restaurants and homes.

Reducing the use of cars is also important. Cities like Auckland, New Zealand create safe paths which make walking a better choice than driving. Amsterdam in the Netherlands has over 500 kilometers of cycling paths.

Constructing green buildings can also improve living environment. These buildings improve air quality both inside and outside. People get sick less often and can work better - they even sleep better at night because green buildings use natural light all day. Adelaide in Australia has got many green buildings.

Clean transport is essential in a green city. Electric vehicles are becoming more popular around the world. In the USA, in 2022; people bought 800,000 new ones. The best American city for owners of electric cars in San Jose, California, which offers many electric charging stations.

21. Where is the world's largest rooftop garden?

- A. in Paris B. in Amsterdam C. in Auckland

22. How long of cycling paths does Amsterdam have?

- A. 300 kilometers B. 500 kilometers C. 800 kilometers

23. How can Constructing green buildings help people?

- A. People get sick less often and can work better, they even sleep better
B. People use natural light all day C. People use less electricity

24. Which vehicles are becoming more popular around the world?

- A. Cars B. bicycles C. Electric vehicles

D. WRITING (2.0 points)

PART I. Complete the following sentences so that it is closest in meaning to the original one or do as directed. (1.0 pt)

25. Find ONE mistake in the following sentence and then rewrite into a correct sentence.

They often hang out to each other at weekend

- A B C

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26. don't / with/ / I / how / problem/ know / deal /to/ the/. (**Rearrange the words to make a sentence**)

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27. If Mai doesn't want to gain weight, _____ (complete sentence)

28. My friends have good relationship with all neighbours. (Use **get on with** to rewrite the sentence)

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PART II. Write a short paragraph (about 100 words) about your favorite community helper. Using the cues given (1.0 pt)

- What his/ her job is.
- What he/ she looks like.
- What he/she is like.
- What he/ she does for the community.
- How you feel about him/ her.

---THE END---