

TRAINING TO WIN

Yasuo Yamamoto

is 17, and he weighs 115 kilograms. He is a young sumo wrestler.

¹ _____ *Allsports Magazine* asks him about his life.

Q Hello, Yasuo. Tell me about a day at the sumo school.

A Well, we get up at five o'clock and start training.

² _____ We train for five hours. It's very hard work.

When we make a mistake, the teachers get angry with us and hit us with long sticks!

Q Oh, dear! What do you do after training?

A We have lunch. We usually have lots of fish, meat, rice and vegetables. ³ _____ Then we sleep for four hours.

This helps us to get fat! This is because the food in the body changes to fat.

Q What do you do after your sleep?

A We study school subjects because we have to finish our education. ⁴ _____

Q What do you do after lessons?

A We have dinner. Fish, meat, rice and vegetables again. I'm a bit bored with the food!

Q What time do you go to bed?

A We go to bed early – at about nine o'clock. There are twelve students and we all sleep in the same room. It isn't much fun.

Q Why do you want to be a sumo wrestler, then?

A Well, I'm good at sumo wrestling. And my family are proud of me. ⁵ _____ Sumo wrestlers are very important people in Japan and champion wrestlers are very rich. I want to be a champion one day!

Look at the questions and answers below about Yasuo and sumo school. Complete the questions. Use the correct form of the present simple.

- 1 How much _____ ?
He weighs 115 kilograms.
- 2 Where _____ ?
He lives in Tokyo.
- 3 What _____ ?
He studies sumo.
- 4 What _____ ?
Fish, meat, rice and vegetables.
- 5 How many _____ ?
There are twelve students.
- 6 When _____ ?
They go to bed at nine o'clock.