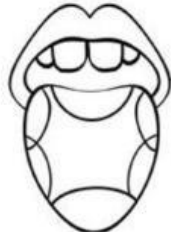


LESSON 3 - From Tasting to Digesting

Q.1 The part of the tongue tastes bitter-

- a) Front.
- b) Back.
- c) Middle.
- d) All.



Q.2 Nitu was given a glucose drip because

- a. She enjoyed the taste
- b . She was very weak
- c. She was allergic to normal food
- d. She had low blood sugar levels



Q.3 We should chew well and eat slowly because

- a) We can enjoy our food for more time
- b) It makes food more tasty.
- c) It helps in proper digestion of food.
- d) It helps in proper utilisation of food.

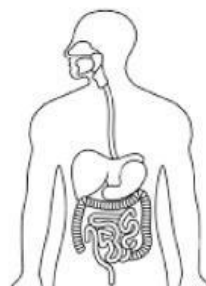


Q.4 The solution is given when a person has vomiting and loose motions.

- a) ORS. b) Fruit juice. c) Milk. d) None.

Q.5 Which food item took the longest to digest according to Dr. Beaumont's observation table?

- a. Un boiled milk
- b. Boiled milk
- c. Full boiled egg
- d. Raw egg, beaten



Q.6 _____ appears on moist bread when it is kept for a few days.

- a) Bacteria b) Fungus c) Virus d) Algae



Q.7 _____ precautions are taken when filling glass jars with pickles?

- a) Drying the jars in the sun
b) Washing the jars with soap and water
c) Sterilizing the jars with boiling water
d) Filling the jars while still warm



Q.8 Which is not a food preservation method?

- a) Boiling food b) Drying food c) Freezing food d) Rotting

Q.9 Which of the following is a sign of food spoilage?

- a) Mold growth
b) Sliminess
c) Foul smell
d) All of the above



Q.10 Which of the following can be kept fresh by wrapping it in a damp cloth?

- a) Cooked rice b) Onion, Garlic c) Green Corriander d) All the these