



Student's name:

The Simple Past Tense	
Topic:	<i>A night at home.</i>
Objective:	<i>By the end of this worksheet, students will be able to recognize the correct structure of the simple past tense and at least 10 regular verbs.</i>

Instructions: Read the information presented in this worksheet to learn how to use the simple past tense and complete all the exercises presented.

A night at home

Vocabulary



Watched a movie



Played videogames



Cooked dinner



Chatted with friends



Studied English



Cleaned the house

1. Getting started.

Simple Past Tense: It is used when an action or event has already happened before a specific point in time, and it has no connection to the present. To learn how to make proper and grammatically correct sentences in simple past tense, first we will learn how regular verbs are formed.

Formation of Regular Verbs:

The formation of regular verbs in the Simple Past Tense involves adding “-ed” to the base form of the verb. This is the general rule for most regular verbs in English.

Examples:

Base form of the verb (V1)	Verb in simple past tense (V2)
Play	Played
work	Worked
Clean	Cleaned
Cook	Cooked
Rent	Rented
Want	Wanted
Jump	Jumped
Talk	Talked
Help	Helped

There are some exceptions. For example, if the verb ends in a consonant + “y”, the “y” is replaced by “-ied”. Also, if the verb ends with the vowel “e”, we simply add the consonant “d” at the end. Likewise, when a one-syllable verb ends with a single vowel followed by a single consonant, you double the final consonant before adding “-ed”.

Examples:

Base form of the verb (V1)	Verb in simple past tense (V2)
Study	Studied
Try	Tried
Fly	Flied
Like	Liked
Love	Loved
Dance	Danced
Chat	Chatted
Stop	Stopped
Plan	Planned

You can check more regular verbs in the following link: <https://assets.ltkcontent.com/files/regular-verbs-list.pdf>

2. Grammar.

Now let's look at the structure for creating sentences in the simple past.

- Structure for affirmative sentences

Subject + verb in simple past tense + object.

Examples:

- ✚ We watched a movie.
- ✚ He played videogames all night.
- ✚ They wanted to stay home.
- ✚ My mother cooked dinner.
- ✚ I studied for my exam last night.

- Structure for negative sentences

Subject + did not + base form of the verb + object.

Examples:

- ✚ He did not clean the house.
- ✚ We did not rent a movie.
- ✚ I did not chat with my friends last night
- ✚ They didn't play chess.
- ✚ She didn't watch TV.

Note: Instead of "did not", you can use "didn't". It is called contraction.

Watch the video below for more information about the simple past tense:

Exercises:

Instructions: Look at the regular verbs below and then use them to complete the sentences. Remember the structure of the simple past tense, and don't forget to use the correct form of the verbs for each sentence.

rent	cook	watch	study	play
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1. I _____ my favorite TV show.
2. He did not _____ for his test.
3. We _____ videogames all night.
4. She did not _____ dinner.
5. They _____ a movie.

Instructions: Look at the sentences and choose the correct one.

We cleaned the house.

We cleanned the house.

She did not wanted to stay home.

She did not want to stay home.

I chatted with my friends.

I chated with my friends.

We dancced until 10 PM

We danced until 10 PM

Keep working hard for your dreams!!!!