Skills Time!

Lesson Five

Reading

1 Look at the pictures. How does the girl feel?

2 Read and listen to the poem. 24

My Feelings

Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

When I'm really happy,
I smile and laugh and play.
When I'm really happy,
It's a very good day.

When I'm really sad,
I cry and tell my mum.
We always talk together,
Then happy times can come.

When I'm really nervous,
I'm brave and carry on.
I say, "I can do it!"
Until my nerves are gone.

Sometimes I am happy.
Sometimes I am sad.
Sometimes I am nervous.
But I am never bad.

3 Read again. Match.

1 play
2 cry
3 laugh
4 be brave and carry on
5 smile

a happy
b nervous
c sad

LIVEWORKSHEETS

Listening

1 Listen and number. 25

Speaking

Watch the DVD!

2 Point, ask and answer.

happy sad tired cold nervous hungry

Is he sad? — *No, he isn't. He's nervous.*

Is she ...? — *No, ...*

Writing preparation

3 Look and write the long form.

I'm = I am | He's = He is | We're = We are

You're = You are | She's = She is | They're = They are

1 She's cold. She is cold.

2 They're happy. _____ happy.

3 I'm nervous. _____ nervous.

4 We're thirsty. _____ thirsty.

5 You're brave. _____ brave.

6 He's sad. _____ sad.

Complete the writing task on page 19 of the Workbook.

page 19

Listening, slideshow, video, links & more LIVEWORKSHEETS