

Medications are to...

help us when we are sick or have a medical condition.

take whenever we feel like it.

You should keep your medication...

on the kitchen bench.

up high or in the fridge.

Medication can be used if...

you paid for it.

it has your name on it or comes from the chemist.

The instructions on the label...

tell us how much to take and when.

can be ignored - they don't matter.