LKPD PROCEDURE TEXT TECHNOLOGY

Nama:

Class:

Youtube

Look at the example of the text

Goal	How to get enough sleep
Step	*getting enough sleep is really important for staying healthy. When we sleep, our bodies and minds rest and get ready for the next day. If we don't get enough sleep, we can feel tired and grumpy, and it can be hard to concentrate. Here are some tips to help get a good night's sleep:* *1. Try to go to bed and get up at the same time every day. This helps your body know when it's time to sleep.* *2. Make sure your room is quiet, dark, and not too hot or too cold.* *3. Don't nap too much during the day. It can make it harder to sleep at night.* *4. Do some physical activities during the day. This can help you sleep better at night.* *5. Avoid drinking cola or sugary foods close to*

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	bedtime. They can keep you awake. *6. Do something relaxing before bed. Reading a book or listening to soft music can help you wind down and get ready for sleep.* *7. Good sleep is a big part of staying healthy and feeling good, so it's important to make it a priority!*

Now is your turn to make one procedure text create the table and divided into two tables write the goal and step by using canva application in your phone

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