

Meal Planning 2

1. Make a three course meal using the dishes below. Drag the dishes into their correct places. (6)

[illegible]

Age Group	Percentage
18-24	10%
25-34	20%
35-44	25%
45-54	20%
55-64	15%
65-74	10%
75-84	5%
85+	5%

Age Group	Percentage
25 and under	10%
26-35	25%
36-45	30%
46-55	20%
56-65	10%
66-75	5%
76 and over	5%

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Iron is important for the adolescent and adult female because

(2)

a) Active Jobs c) Mildly Active Jobs
b) Sedentary Jobs d) Mildly Sedentary Jobs

