

Social Media and the Teenage Brain

Are you a social media user? Have you ever thought about the effects it may have on your brain? Watch the video and do the following activities.

https://www.youtube.com/watch?v=gPW9_yfGts0

1. Write the most important words you hear (or see) in the video.

1. *What is the primary purpose of the study?*

2. Watch 0:48 – 2:25. Drag and drop the phrases in the right place.

1. A study at UCLA scanned teen brains while using social media.
2. They found that the same brain networks that by eating chocolate and winning money when they receive likes on their photos on social media.
3. Teens may spend so much time on social media that more important tasks may
4. Social media can addictive, since it is so easy to post pictures and wait for your post.
5. Teens may to do things their peers show on social media.
6. Bad habits can by social media.

3. Vocabulary: watch 2:25-2:55. What do these expressions mean? Choose the correct option.

1. Zip it:	share information	don't share too much
2. Block it:	let it enter	don't let it enter
3. Flag it:	highlight it	do not care much

4. Vocabulary: according to the video, what are the benefits of using social media? Write the words you hear.

1. *What is the primary purpose of the study?*

5. What is your opinion about this topic? Do you think social media affects your life? Why/why not? Write a paragraph in your notebook.