



# Extra Training

## Listening Task 3037

You'll hear a cyclist talking.

For statements 1-7, choose the correct item to complete each statement correctly.

1. The speaker did not cycle eight years ago because \_\_\_\_\_

1. there were too many couriers on the roads.
2. cyclists had to wear face masks.
3. there was too much traffic on the roads.

2. Cycle couriers were widely used because \_\_\_\_\_

1. they were not concerned about air pollution.
2. they were able to negotiate heavy traffic.
3. they were trusted to carry official paperwork.

3. The fastest way to travel across London is \_\_\_\_\_

1. by bicycle.
2. by underground train.
3. by motorbike.

4. The Congestion Charge was intended to \_\_\_\_\_

1. stop cars parking in the city.
2. reduce the number of cars.
3. increase the number of cyclists.

5. The speaker bought himself a bicycle because \_\_\_\_\_

1. he realised that the hazards of cycling had been reduced.
2. he wanted to use the new cycle routes.
3. he thought that he would be able to reduce his travelling time.

6. The speaker began by cycling to work \_\_\_\_\_

1. only at weekends.
2. around his neighbourhood.
3. on alternate days.

7. The reader is most pleased with \_\_\_\_\_

1. his swimming ability.
2. his increased level of fitness.
3. his reduced journey time.

