

Writing

1 Write the long and short forms.

long form

1 I am happy.

2 She is tired.

3 _____

4 We are scared.

5 _____

6 I am thirsty.

7 _____

8 They are nervous.

short form

I'm happy.

They're sad.

You're hungry.

He's cold.



About me!

2 How are you feeling today? Tick (✓) or cross (×).

hot ☐ cold ☐ tired ☐ hungry ☐ thirsty ☐ happy ☐
sad ☐ brave ☐ angry ☐ scared ☐ nervous ☐

3 Draw and write about your feelings.



Today I'm happy.

Today I'm _____.

I'm _____.

Today I'm not _____.

I'm not _____.