

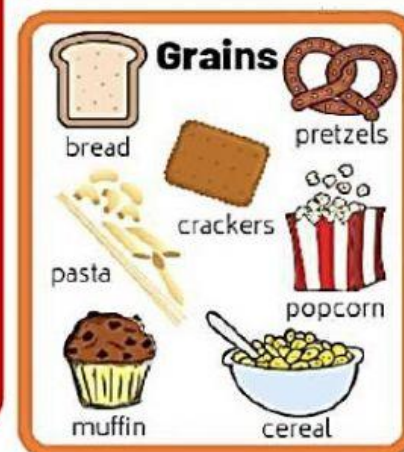
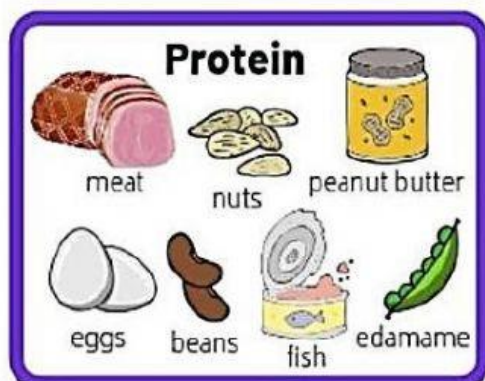
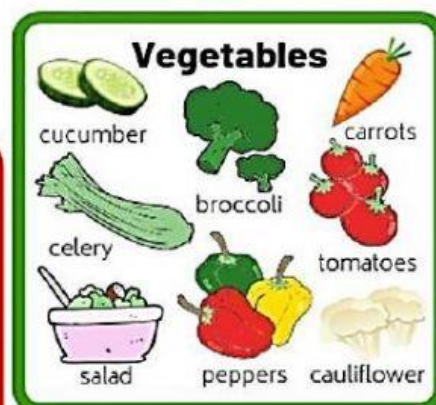
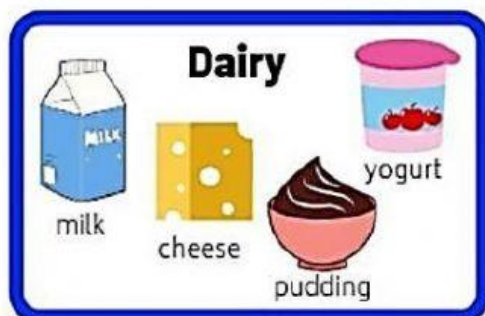
DATA DA REALIZAÇÃO DA ATIVIDADE: ____ / ____ / ____

ALUNO: _____

ESCOLA: _____

Healthy Food

Take a look at the vocabulary below:



1- Now answer the questions about the chart.

a) Write 5 foods you like:

b) Write 5 foods you dislike:

c) Number the foods below according to the boxes:

1- Common in Brazilian dishes

2 - Not common in Brazilian dishes

☐ Peanut butter

☐ Rice

☐ eggs

☐ Banana

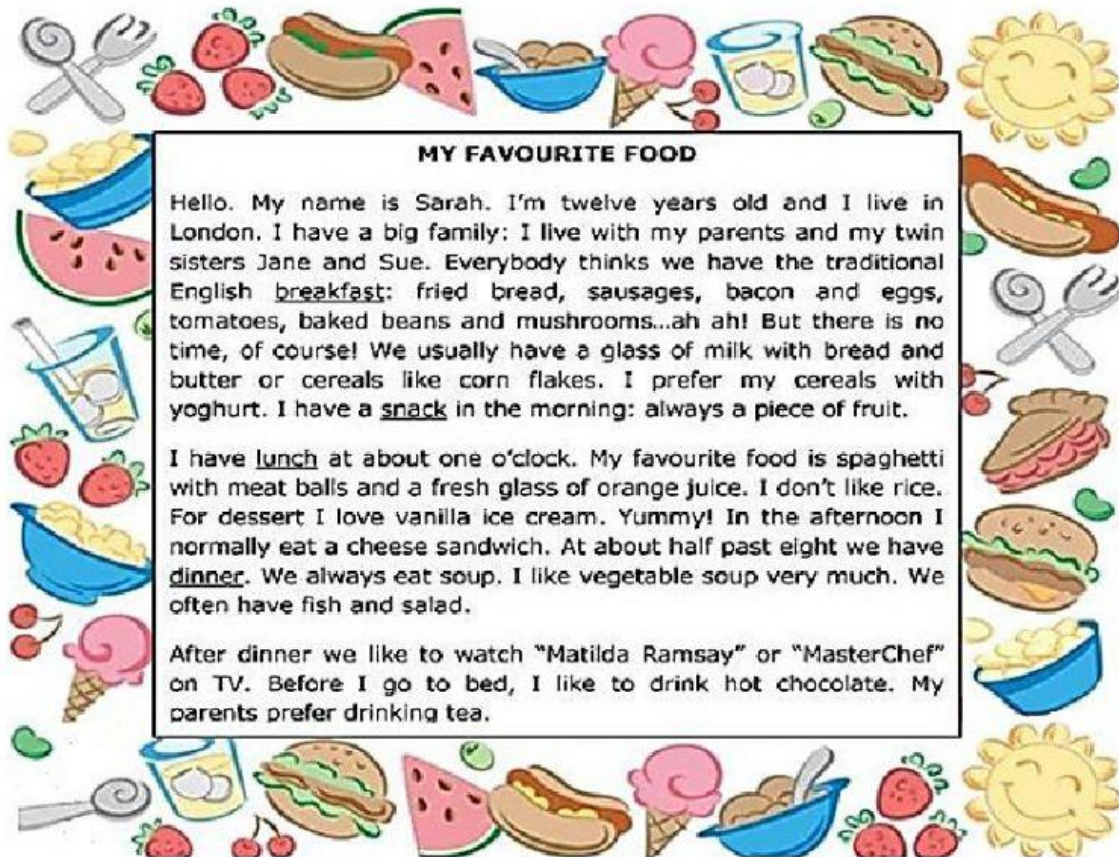
☐ Blueberries

☐ Beans

☐ Nuts

☐ Raspberries

2- Read the text below and answer the questions.



MY FAVOURITE FOOD

Hello. My name is Sarah. I'm twelve years old and I live in London. I have a big family: I live with my parents and my twin sisters Jane and Sue. Everybody thinks we have the traditional English breakfast: fried bread, sausages, bacon and eggs, tomatoes, baked beans and mushrooms...ah ah! But there is no time, of course! We usually have a glass of milk with bread and butter or cereals like corn flakes. I prefer my cereals with yoghurt. I have a snack in the morning: always a piece of fruit.

I have lunch at about one o'clock. My favourite food is spaghetti with meat balls and a fresh glass of orange juice. I don't like rice. For dessert I love vanilla ice cream. Yummy! In the afternoon I normally eat a cheese sandwich. At about half past eight we have dinner. We always eat soup. I like vegetable soup very much. We often have fish and salad.

After dinner we like to watch "Matilda Ramsay" or "MasterChef" on TV. Before I go to bed, I like to drink hot chocolate. My parents prefer drinking tea.

- What do they have for breakfast?

- ☐ Salad, a glass of juice and bread
- ☐ A glass of milk, bread and butter or cereals
- ☐ A cup of coffee and a piece of cake

- Does she have a hotdog in the morning?

- ☐ Yes, she does. ☐ No, she doesn't

- What time does she have lunch?

- ☐ At midday ☐ About one o'clock ☐ At 3 pm

- What is her favorite food?

- ☐ Rice, beans, meat and soda.
- ☐ Spaghetti with meat balls and orange juice.
- ☐ Salad, fried fish and mango juice.

- Do they watch "Britain's Got Talent" after dinner?

- ☐ Yes, they do. ☐ No, they don't

- Does Sarah like hot chocolate?

- ☐ Yes, she does. ☐ No, she doesn't