

# PRESENT SIMPLE VS CONTINUOUS – MEANING

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PRESENT SIMPLE	PRESENT CONTINUOUS
<p><b>Habits. Regular actions or situations</b></p> <ul style="list-style-type: none"> <li>➔ I <b>wash</b> my hair every day.</li> <li>➔ He usually <b>gets up</b> very early.</li> </ul> <p><b>Facts, permanent situations or states</b></p> <ul style="list-style-type: none"> <li>➔ I <b>have</b> one brother. He <b>lives</b> in Paris.</li> <li>➔ Water <b>boils</b> at 100 degrees.</li> </ul> <p><b>With stative verbs*</b></p> <ul style="list-style-type: none"> <li>➔ Give me the money. I <b>need</b> it now.</li> <li>➔ What happened? You <b>look</b> sad.</li> </ul> <p><b>Future timetabled events</b></p> <ul style="list-style-type: none"> <li>➔ The train <b>leaves</b> at 4.</li> <li>➔ The exams <b>start</b> next Monday.</li> </ul> <p><b>SIGNAL WORDS:</b> Always, never, often, sometimes, every day, once a month, etc.</p>	<p><b>Actions in progress 'now'/'around now'</b></p> <ul style="list-style-type: none"> <li>➔ I can't talk. I'm <b>brushing</b> my teeth.</li> <li>➔ I'm <b>reading</b> a new book. I love it!</li> </ul> <p><b>Temporary actions or situations</b></p> <ul style="list-style-type: none"> <li>➔ I'm <b>going</b> to work by bus this week.</li> <li>➔ I'm <b>living</b> with my cousins until I find an apartment.</li> </ul> <p><b>Changing or developing situations</b></p> <ul style="list-style-type: none"> <li>➔ The climate <b>is changing</b> very quickly.</li> <li>➔ Your English <b>is improving</b>.</li> </ul> <p><b>Future actions that are decided</b></p> <ul style="list-style-type: none"> <li>➔ I'm <b>meeting</b> John this evening.</li> <li>➔ We <b>are leaving</b> tomorrow at 7 a.m.</li> </ul> <p><b>SIGNAL WORDS:</b> Now, at the moment, these days, this week/month, etc.</p>

\*Verbs of the senses: hear, see, smell, look, seem, sound. Opinion: believe, consider, like, love, hate, prefer, think, etc. Possession: have, own, belong, etc. Also: agree, be, depend, need, mean, remember, realise, recognise, seem, want, etc.

t e s t - e n g l i s h . c o m

Choose the correct tense:

1. The influenza virus **mutates** / **is mutating** every year, making it difficult to predict.
2. This year, researchers **study** / **are studying** a particularly aggressive strain of the flu.
3. The flu season **starts** / **is starting** in the fall and typically **peaks** / **is peaking** in winter.
4. At the moment, scientists **look** / **are looking** at how influenza spreads through crowded areas.
5. Patients **experience** / **are experiencing** fever and body aches when infected with the flu.
6. Right now, many health organizations **implement** / **are implementing** flu prevention strategies.
7. The virus **evolves** / **is evolving** rapidly, which makes vaccine development challenging.
8. Doctors **recommend** / **are recommending** getting the flu vaccine each year.
9. Authorities **monitor** / **are monitoring** the flu outbreak closely this month.
10. The flu vaccine typically **provides** / **is providing** protection against multiple strains.