

Daily routine **PART 3**

IDENTIFY THE DAILY ROUTINE DESCRIBED.

Choose answers from the box.



go to bed	Pay bills	exercise	relax
Check social media	Attend classes	Work on projects	Greet colleagues
Listen to podcast	Take vitamins	Water the garden	Brush teeth

1. To engage in tasks or assignments related to one's job.

ANSWER: _____

2. To lie down and sleep for the night.

ANSWER: _____

3. To consume nutritional supplements.

ANSWER: _____

4. To engage in physical activity for fitness or health.

ANSWER: _____

5. To unwind and take a break from daily stressors.

ANSWER: _____

6. To view and interact with social networking sites.

ANSWER: _____

7. To provide hydration to plants and flowers.

ANSWER: _____

8. To say hello to coworkers at work.

ANSWER: _____

9. To settle financial obligations.

ANSWER: _____

10. To clean the teeth with a toothbrush and toothpaste.

ANSWER: _____

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