



PERÚ

Ministerio
de Educación

Dirección Regional de
Educación de Lima

Unidad de Gestión
Educativa Local N° 02

IE 301
LEONCIO PRAD

English Area
2024
First Grade

Let's Go Green!



Cada año el Perú genera más de 7 millones de toneladas de residuos sólidos y el 70% de estos residuos es generado por nosotros. La mayoría de actividades que forman parte de nuestra rutina, coadyuva a este problema, generando consecuencias negativas en el medio ambiente. ¿Cuál es tu rutina diaria?, ¿qué acciones de tu rutina son eco-amigables?, ¿podrías dar a conocer tu rutina en inglés a un amigo a través de un texto escrito sencillo?

THE CHALLENGE

Identifica tus actividades diarias en inglés e identifica las actividades que son eco-amigables, es decir que ayudan al ambiente.

Tu reto: Elabora un mensaje de correo electrónico en inglés contándole tu rutina a una amiga o amigo.

Desarrolla las actividades 1, 2, y 3. Te ayudarán a enfrentar tu reto!

GLOSSARY



<https://youtu.be/SeYeV7t4-JY>



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Activity 1: My Daily Routine

Order the actions.

6:00 o'clock

B

9:00 o'clock

7:00 o'clock

1:00 o'clock

8:00 o'clock

A.



have lunch

B.



get up

C.



have breakfast

D.



attend online classes

E.



take a shower



LET'S LISTEN AND READ!

Listen to and read Elena's daily routine.

My eco-friendly, daily routine



Hello! My name is Elena. I am 13 years old.
This is my eco-friendly, daily routine.

1.



Usually, I get up at 6:00 o'clock in the morning.

2.



I take a shower in the morning. I use plastic-free shampoo.

3.



I brush my teeth. I use a biodegradable toothbrush.

4.



My sister Betty

Then I get dressed. Usually, I wear recycled clothing.

5.



I have breakfast at 7:00 o'clock. I eat a plant-based breakfast. For example: an apple, cereals.

6.



I attend my online-classes from 8:00am to 12:00pm. I unplug my laptop or mobile phone when I finish.

7.



I have lunch at 1:00pm in the afternoon. I don't eat packaged products.

8.



Generally, I wash the dishes.

9.



I ride my bike in the afternoon.

10.



I chat with my friends on the phone.

11.



I do my homework in the afternoon.

12.



Generally, I water the garden in the afternoon. I use recycled

13.



I watch TV in the evening. I unplug the TV when I

14.



Usually, I have dinner at 7:00pm in the evening.

15.



Finally, I go to bed at 10:00 at night.



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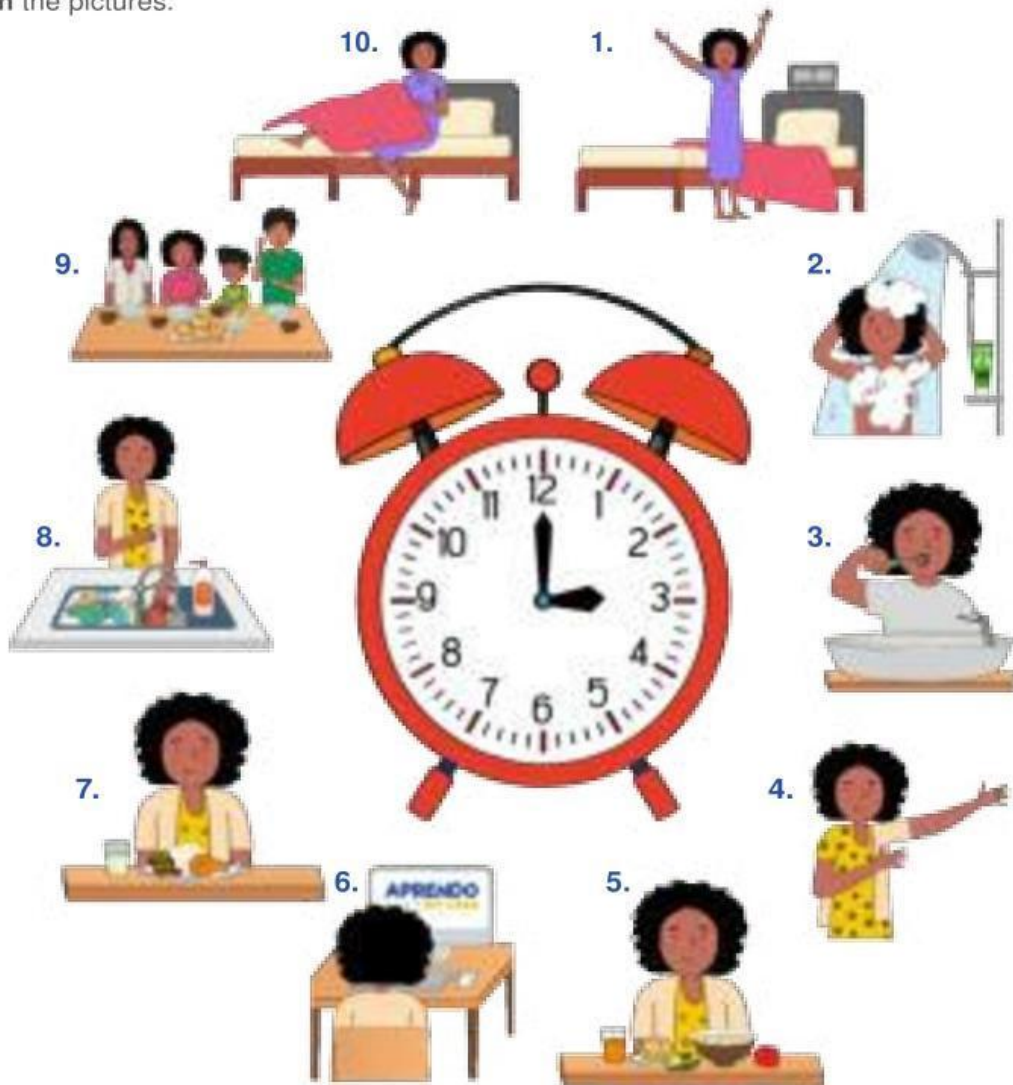
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LET'S UNDERSTAND!

UNDERSTAND-EXERCISE 1

Match the pictures.



Example:

A. I get up.

E. I brush my teeth.

I. I attend classes.

B. I take a shower.

F. I go to bed.

J. I wash the dishes.

C. I have dinner.

G. I have a breakfast.

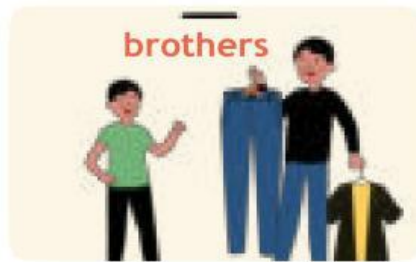
D. I have lunch.

H. I get dressed.

UNDERSTAND-EXERCISE 2

Complete the sentences about Elena's routine. Go back to the text if necessary.

Example:



Eco-friendly, daily routine

I use plastic-free shampoo.

1. I _____ recycled clothing.



2. I _____ my laptop when I finish.



3. I _____ recycled water for the plants.



4. I _____ a plant-based breakfast.



5. I _____ the TV when I finish.