

## Exercise 1: Listen and fill in the blank

get good marks  
Nhận điểm tốt

a good idea  
ý kiến hay

a clear desk  
bàn học gọn gàng

tip  
Mẹo, lời khuyên

Study  
Học

know  
biết

Hours  
tiếng

lucky  
May mắn

books and  
pens

my bedroom

a quiet place  
Nơi yên tĩnh

Move  
di chuyển

lots of breaks

arms and legs  
Cánh tay và chân

number three  
Số 3

Think  
Nghĩ

Paper  
giấy

have a break  
Nghỉ giải lao

**Ben:** You always \_\_\_\_\_ at school. You're \_\_\_\_\_! I study but I don't always get good marks.

**Katy:** I'm not lucky! I \_\_\_\_\_ how to \_\_\_\_\_. I always do \_\_\_\_\_. Do you want to know them?

three things  
3 thứ

**Ben:** Yeah, please!

**Katy:** OK, number one. Always study in \_\_\_\_\_.

**Ben:** I usually study in \_\_\_\_\_. It's very quiet.

**Katy:** Number two. Have \_\_\_\_\_!

thirty minutes  
30 phút

**Ben:** Right. A clear desk. My desk isn't clear. There are lots of \_\_\_\_\_ and \_\_\_\_\_ on it.

**Katy:** Well, that isn't very good!

**Ben:** What's \_\_\_\_\_ ?

important  
Quan trọng

**Katy:** Have \_\_\_\_\_. I always study for \_\_\_\_\_. Then I \_\_\_\_\_ for five minutes. I \_\_\_\_\_ my \_\_\_\_\_ and drink some water. Then I study again for thirty minutes.

**Ben:** I never have a break. I sometimes study for two or three \_\_\_\_\_.

**Katy:** That isn't \_\_\_\_\_! It's \_\_\_\_\_ to get up and move your body.

**Ben:** OK. Thanks. Next time I \_\_\_\_\_ I can get good marks!