

Unit

1

A LONG AND HEALTHY LIFE

I Pronunciation

Read the conversations. Circle the common pronunciation of the underlined auxiliary verbs. Then practise reading them.

Mark: (1) <u>Do</u> you exercise regularly, Nam?	A. /du:/	B. /də/
Nam: Yes, I (2) <u>do</u> .	A. /du:/	B. /də/
Mai: (3) <u>Does</u> she have a balanced diet?	A. /dʌz/	B. /dəz/
Phong: Yes, she (4) <u>does</u> .	A. /dʌz/	B. /dəz/
Mark: (5) <u>Can</u> I take antibiotics?	A. /kən/	B. /kæən/
Doctor: Yes, you (6) <u>can</u> .	A. /kən/	B. /kæən/
Mai: (7) <u>Has</u> she seen a doctor recently?	A. /həz/	B. /hæz/
Mark: Yes, she (8) <u>has</u> .	A. /həz/	B. /hæz/

II Vocabulary

1 Complete the sentences using the words in the box. You can use each word **ONCE** only.

bacteria

disease

energy

fitness

muscles

tuberculosis

viruses

strength

- _____ used to kill a lot of people in the past. Now this disease can be cured.
- My sister likes to do a lot of things and is always full of _____.
- He started a special exercise routine to improve his _____ after the operation.
- Seasonal vaccines are used to protect against different flu _____.
- My leg _____ hurt for a week after the run.
- She has a lung _____ and was taken to hospital for treatment.
- There are many helpful _____ living in our body.
- Swimming is a great way to improve your overall health and _____.