

Writing

- 1 Read the blog post. Are these sentences from Elena true (T) or false (F)?

A day in the life of Elena Peters

I'm a doctor in a big hospital. I usually work from Monday to Friday, but I sometimes work on Saturdays and Sundays, too. I always get up at 7 o'clock. I have breakfast with my family and then I go to work at 8 o'clock. I usually cycle to work, but sometimes I take the bus. I never drive to work. I arrive at the hospital at 8.30. At 1 o'clock I have lunch. I often go to a café and I always have a cheese sandwich, a salad and a big cup of tea. The food is good, but the café is usually busy. I usually go home at 6.30, but sometimes I go to the gym first. At 8 o'clock I have dinner with my family. Then we often watch TV. I usually go to bed at 10 o'clock.



- 1 I never work on Saturdays or Sundays. F
- 2 I usually get up at 7 o'clock. ____
- 3 I sometimes take the bus to work. ____
- 4 I always have a sandwich and a salad for lunch. ____
- 5 I always go to the gym after work. ____
- 6 I usually go to bed at 11 o'clock. ____

- 2 Read the Focus box. Underline three adjectives and five adverbs of frequency in the blog post.

Using correct word order

	Subject	Verb	Object	Place/Time
	I	get up		at 7 o'clock.
	I	arrive		at the hospital at 8.30.
	I	go	home	at 6.30.
At 8 o'clock	I	have	dinner	with my family.

Put adjectives after *be*, but before nouns.

The food is good.

I have a big cup of tea.

Put frequency adverbs after *be*, but before other verbs.

The café is usually busy.

I always get up at 7 o'clock.

- 3 Rewrite the sentences using the words in brackets.

1 I am late for work. (never)

I am never late for work.

2 I get up at 9 o'clock on Sundays. (usually)

3 I work from Monday to Friday. (always)

4 Has the café got food and drink? (cheap)

5 I take the train to work. (sometimes)

6 I work in a school. (small)

- 4 Put the words in the correct order to make sentences. Use capital letters and full stops or question marks.

1 usually / breakfast / at / have / I / o'clock / 8

I usually have breakfast at 8 o'clock.

2 work / from / Do / always / Friday / you / Monday / to ?

3 usually / take / I / work / to / train / the

4 sometimes / go / café / I / for / to / lunch / a

5 I / TV / after / watch / never / dinner /

6 cycle / school / always / to / Do / you ?

Prepare

- 5 Make notes about your daily routine.

	When?	Notes
get up		
have breakfast		
go to work/school		
have lunch		
go home		
have dinner		
go to bed		

Write

- 6 Write a blog post about your daily routine. Use the blog post in Exercise 1, your notes from Exercise 5 and the Focus box to help you.
