

UNIT 8

Lesson 3

Traditions of Ethnic Groups in Vietnam



LESSON SUMMARY

Vocabulary



Word/Phrase	Meaning	Example
homestay (n) /'həʊmsteɪ/	the accommodation for tourists in the home of a local family	I prefer a homestay whenever traveling to Đà Lạt.
stilt house (n) /'stɪlt 'haʊs/	a house built on and supported by long pieces of wood	Stilt houses are quite popular in the Central Highlands.
gong (n) /gɑ:ŋ/	a round piece of metal which is hung and hit to make a sound	During a festival, ethnic people play the gong and drink wine.
folk (n) /'fəʊk/	in a traditional style of a community	My grandma used to sing folk songs to help me sleep.
local (n) /'ləʊkəl/	in or related to the area that you live in	Ask the local people for directions when you're lost.
traditional (adj) /'træ'dɪʃənəl/	relating to or based on very old customs, beliefs or stories	Áo dài is the traditional dress of Vietnam.
celebrate (v) /'seləbreɪt/	to do something special on a specific day or occasion	We want to go to a restaurant to celebrate his birthday.
decorate (v) /'dekəreɪt/	to add something to an object or place to make it beautiful	The Vietnamese often decorate their houses before Tết holiday.
lunar year (n) /,lu:nər 'jɪr/	a year according to the calendar of China, Vietnam and some other East Asian countries	The first day of a lunar year is the most important day to Vietnamese people.

Writing

A passage about a trip

1) Facts

where you traveled, when you traveled, who you traveled with, etc.

2) Examples

I participated in many interesting activities during the trip.

I visited ...

I learned ...

I also tried ...

3) Opinions

I find the trip amazing.

I think you should visit ...

1) Last summer, I had an exciting trip to Tả Phìn Village in Lào Cai Province. 2) I joined lots of fun activities during the trip. I visited a Red Dao traditional stilt house. I learned how Red Dao women made colorful costumes from dyeing to weaving and sewing. I think they are very skilled people. I also ate many traditional foods like meat, sticky rice and soup. They were tasty! 3) As for me, the trip was such an enjoyable experience. I think you should discover this village if you have a chance.

PRACTICE



Vocabulary

a. Complete the sentences using the words or phrases in the box.

- The holiday is on the first day of the third month of the _____.
- I saw a _____ *Tây* music and dance performance.
- Tuồng (hát bội)* is one of my favorite Vietnamese _____ music types.
- Many visitors find it exciting to live in a _____ when visiting an ethnic village.
- People can choose to stay at a hotel or a(n) _____ when going on vacation.



folk
lunar year
homestay
traditional
stilt house

b. Complete the text using the words or phrase in the box.

stilt house locals decorate folk gong

Last Tết, I had an enjoyable trip to Đắk Lắk, a province in the Central Highlands, Vietnam. To learn about the culture of the local people, I stayed at a homestay. That was my first time to stay in a 6) _____. It was beautiful. It took the owner a month to 7) _____ it for the celebration of Tết. The 8) _____ were friendly and pleasant. It was like home. I got to eat traditional food while watching 9) _____ dancing. I learned to sing some famous 10) _____ songs, too. They were interesting. I can't wait to come back for more.



Listening

a. Listen to a podcast about the *Thái* people. Fill in each gap with ONE WORD.



- The *Thái* people have their own _____ and culture.
- There are a lot of _____ tales in the *Thái* culture.
- The *Thái* men are good at making wooden _____ and baskets.
- Thái* women often wash their hair in a _____ on the last day.
- After they wash their hair, they have a _____ before going home.

b. Listen to Ava and Liam. Write T (true) or F (false).



- Ava's traveling to Vietnam on her next vacation. _____
- There are ethnic people across the country. _____
- All the ethnic people make their own clothing. _____
- All the ethnic groups still live in stilt houses. _____
- The *gong* is a musical instrument of some ethnic groups. _____



Reading

a. Read the text about the food of some ethnic groups. Circle the correct answers.

When we talk about Vietnamese food, *phở* is well-known worldwide for its delicious flavor. Also, other foods from many ethnic minorities across the country will amaze you with their delicious tastes.

Cơm lam is a must-try dish 1) _____ you visit the Central Highlands. The food comes with grilled pork or some poultry such as chicken.

Pa pỉnh tộp is 2) _____ fish dish. It is very popular among the *Thái* people in the northwest region of Vietnam. The local people use fish 3) _____ *pa pỉnh tộp* often come from lakes or streams nearby. It is fresh!

In the Mekong Delta, *cà ri đồ* is a *Khmer* rice noodle. It is a popular dish 4) _____ breakfast among the *Khmer* people. The taste of the food can be different across the region. If you can 5) _____ the area, try it at least once.



- | | | | |
|-----------|----------|------------|------------|
| 1 A when | B and | C so | D so that |
| 2 A ở | B at | C an | D the |
| 3 A makes | B make | C making | D to make |
| 4 A in | B at | C for | D in |
| 5 A visit | B visits | C visiting | D to visit |

b. Read the text about some celebrations of ethnic minorities. Complete the summary using the words from the text.

After a harvest season, some ethnic groups in the Central Highlands, such as the *Ê-đê*, *Gia Rai*, *M'Nông* and several other ethnic people, celebrate the New Rice Festival. This event serves as a time to express gratitude to the God of Rice for past year's healthy crops. It is also an occasion to pray for favorable weather conditions in the upcoming year. During the festival, both men and women dress up in traditional clothing and participate in a variety of exciting activities, such as folk games and performing arts.

In northern Vietnam, ethnic groups such as the *Pu Péo*, *Nùng* and *Red Dao* celebrate the Forest Opening Festival. This festival is a demonstration of their beliefs and a way to show thanks to the Forest God, while also raising public awareness about the importance of protecting forests and conserving water resources. During the festival, both men and women usually dress up in their traditional clothes. They prepare and eat traditional foods. Men play folk songs with the gong while women have traditional dances. Besides the food and dances, they also play folk games.

The *Ê-đê*, *Gia Rai*, *M'Nông* and several other 6) _____ people mark the New Rice Festival, while the *Pu Péo*, *Nùng* and *Red Dao* 7) _____ the Forest New Year Festival. These celebrations are how the people show their 8) _____ and thanks to the gods. There are 9) _____ food, music and dance and 10) _____ performances at the festivals.



Speaking

Complete the conversation using the sentences in the box.

Lucy Hi, Layla. What are you doing?

Layla 1) _____

Lucy Oh, what is it about?

Layla 2) _____

Lucy Are they good at arts and crafts?

Layla 3) _____

Lucy Do they have any special dishes?

Layla 4) _____

Lucy Anything else interesting about the *Chăm*'s clothing?

Layla 5) _____

Lucy How interesting!

- A** It's about the *Chăm* people in An Giang, Vietnam.
B I am watching a documentary for my presentation.
C *Chăm* women cover their hair with a scarf when they are outside.
D Yes, they are. The *Chăm* people still make and sell special silk.
E A lot. *Tung Lò Mô* is one of their excellent foods. It's like beef sausage.

Writing

a. Match the descriptions to the parts of a passage about a trip to an ethnic village.

- A How you felt
 B What you did
 C When and where you went
 D What's your opinion
 E Who you met

1) ☐ Last year, I had a fantastic vacation at K'răng Gọ Village in Lâm Đồng Province. 2) ☐ I met a Chu Ru family, and they were friendly. 3) ☐ During my trip, I took part in different activities. I learned how to make clay utensils when I was in their place. They also taught me to make *cơm lam*. After hours of practice, I could make my first lunch ever. 4) ☐ That was fascinating. 5) ☐ The trip was an enjoyable experience for me. I think you will have a great experience once you visit the village.

b. Write a passage about a trip you took to an ethnic village. Write 80–100 words or more.

In my writing, I use correct...

- vocabulary ☐
- grammar ☐
- spelling ☐
- punctuation ☐
- linking words ☐



Answer key



- Vocabulary ____/20 pts.
- Listening ____/20 pts.
- Reading ____/20 pts.

- Speaking ____/10 pts.
- Writing ____/30 pts.

★★★★★
 Total ____ / 100 pts.