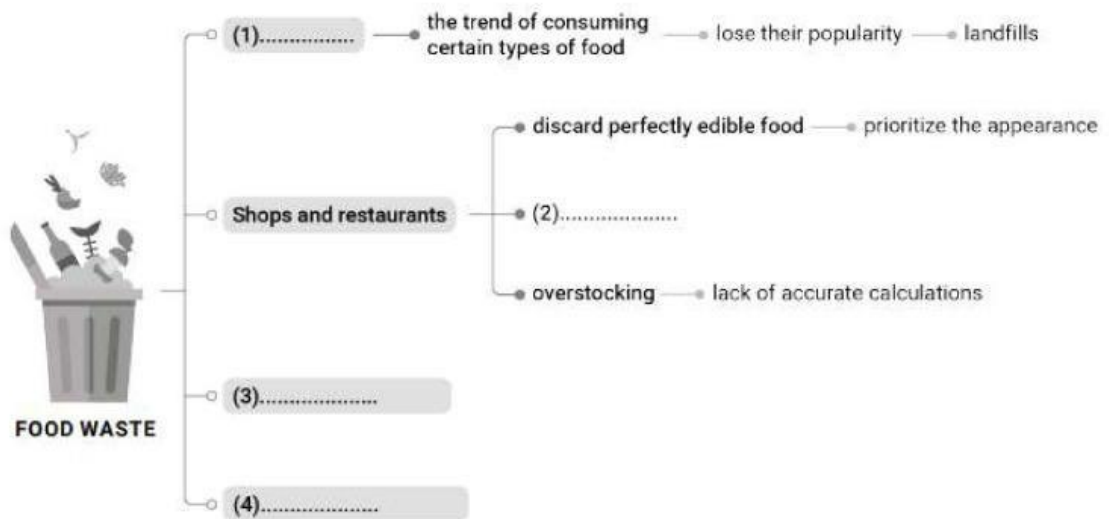
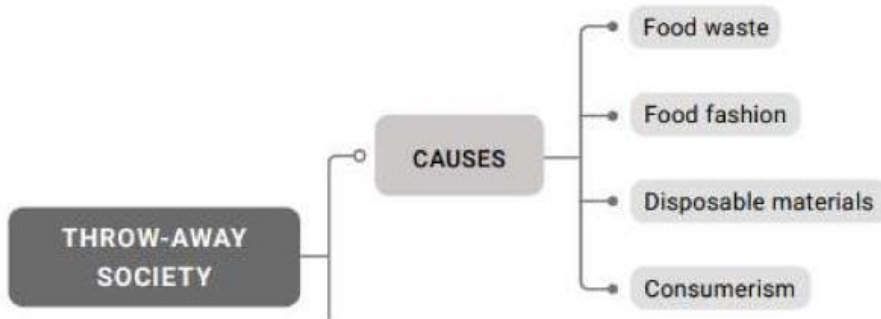
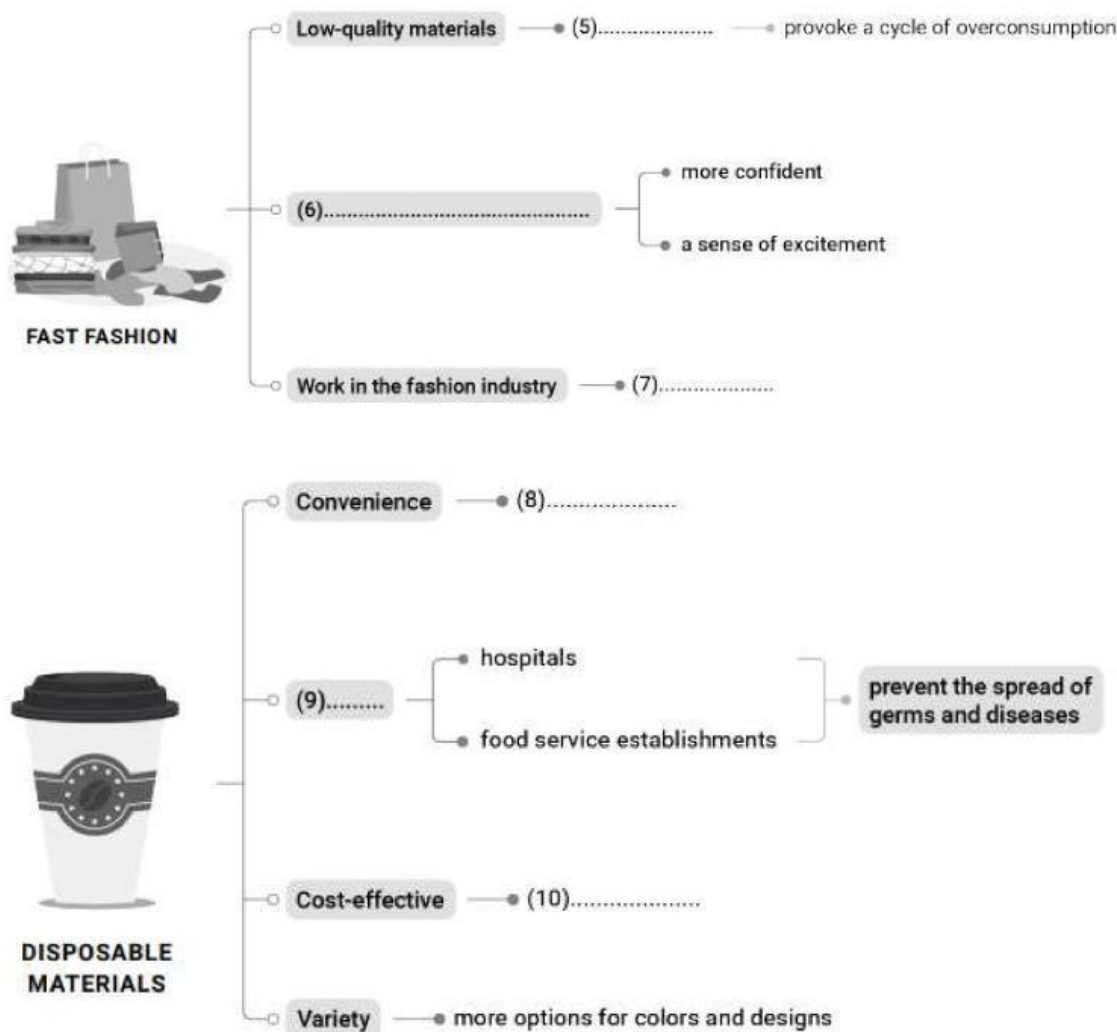


## UNIT 2 – LESSON 3

### THROW-AWAY SOCIETY

#### I. Causes of throw-away society





## II. Fill in the blanks (No more than two words)

### FOOD WASTE

There are many reasons why people waste food, and one of them is related to food fashion. Food fashion refers to the trend of (1)..... certain types of food. For example, there is a trend of ordering large amounts of food for social media photoshoots or to impress others. However, when these kinds of food lose their (2)....., they end up in landfills. Food waste from shops and restaurants is a significant problem in many countries. One of the main causes of food waste in these settings is the practice of discarding perfectly edible food due to aesthetics. Stores and restaurants often prioritize the (3)..... of their products, leading them to throw away food that is still safe to eat but may not look appealing. For example, a bakery may discard bread that is slightly misshapen. Another cause of food waste from shops and restaurants is the sale of products that are past their sell-by dates. Stores and restaurants may be reluctant to sell products that are

near or past their (4)....., even if the food is still safe to eat. Additionally, overstocking is a common practice among stores and restaurants as they aim to ensure that they have enough (5)..... to meet their customers' needs or just simply due to lack of accurate calculations. Additionally, awareness of the importance of reducing food waste and storage and preservation methods are normally ignored, which can contribute to food spoilage and waste. Lastly, others may (6)..... to eat leftovers as they may have concerns about the safety and quality of food that has been stored for more than a day. Others may perceive leftover food as less desirable than freshly prepared meals, leading to discarding and purchasing new food.

### **FAST FASHION**

The "throw-away society" we are living in today is largely influenced by fast fashion. The use of low-quality materials in clothing production leads to shorter (7)..... and encourages consumers to buy new items more frequently, thus provoking a cycle of overconsumption. Another factor contributing to this problem is the customers' constant desire for new clothes. Some people feel more confident when wearing new clothes, or buying them gives them a sense of (8)..... Additionally, many people work in the fashion industry, so they have to keep up with the latest fashion trends, leading to a constant need to update their wardrobes.

### **DISPOSABLE MATERIALS**

The use of single-use materials is another cause of the throw-away society we are living in today. One of the main reasons for this trend is (9)..... Single-use materials such as paper plates, plastic utensils, and disposable packaging are designed for quick and easy use and disposal without the need for cleaning. Another factor contributing to the use of single-use materials is (10)..... Many people believe that disposable products are more sanitary than reusable alternatives, particularly in environments such as hospitals and food service establishments, to prevent the spread of germs and diseases. For example, single-use materials, such as disposable gloves, gowns, and masks, are designed for one-time use and then discarded. Additionally, single-use materials can be cost-effective, especially for (11) ..... Single-use materials often require less energy and resources to produce and transport, further reducing costs. Finally, the variety of single-use materials available on the market today can also contribute to the throw-away society. Both manufacturers and (12)..... have more options for colors and designs that fit their specific needs.