

Get involved A1+ Unit 4

Student name _____

Group/Class _____

Date _____ Score _____

VOCABULARY

1 Complete the dialogue with the words and phrases in the box. There are two extra phrases.

go shopping go swimming music on my bike on the phone take photos the cinema video games

Mona What do you usually do after school?

Adam Well, after my homework, I usually chat 1 _____ with my friends. Sometimes we play 2 _____ together.

Mona What else?

Adam Later in the evening I listen to 3 _____ with my sister.

Mona And what do you do at the weekend?

Adam I sometimes 4 _____ in town, but I don't often buy things. Sometimes, I go out 5 _____ in the park.

Mona Do you often go to 6 _____ to see a film?

Adam Not very often.

Score: / 6

GRAMMAR

2 Complete the sentences with the correct object pronouns.

1 My aunt and uncle live near our house. We often visit _____.

2 My new phone is fantastic. I love _____.

3 That's my book. Please pass it to _____.

4 Our teacher, Mrs Smith, is very nice. We all like _____.

5 I think Ed Sheeran is great, but my brother doesn't like _____.

6 We can play the guitar. Watch _____.

Score: / 6

3 Choose the correct answers.

SCHOOL DAYS



Do you know?

- In China, school usually 1 _____ at 7:30 in the morning. Students 2 _____ until 5:00 pm. There are two hours for lunch, but they 3 _____ home.
- In Brazil, the school day is from 7:00 am until 12:00 pm or from 1:00 pm until 5:00 pm. Students go to school in the morning or the afternoon. There 4 _____ 23 or more students in each class. Most students 5 _____ a uniform.
- In Japan, the school year starts in April and finishes in March. 6 _____ a lot of school rules, for example about uniform, shoes and hair. Do students 7 _____ these rules? We don't know!

- | | | | |
|-------------|--------------|-------------|-----------------|
| 1 a start | b starts | c starting | d to start |
| 2 a study | b studies | c studying | d doesn't study |
| 3 a not go | b doesn't go | c don't go | d go not |
| 4 a is | b am | c have | d are |
| 5 a wear | b wears | c to wear | d not wear |
| 6 a There's | b There are | c Are there | d Is there |
| 7 a like | b don't like | c loves | d hating |

Score: /7

READING

4 Read the text.





Time for bed!

Sleep is very important when you're a teenager – you need eight to ten hours a night. However, in the USA, a study says that only 8% of high school students get the sleep they need. Around 23% sleep for around six hours a night and 10% only sleep for five hours. In Australia, research says that most teenagers only sleep for 6.5–7.5 hours a night. But do some people sleep differently to others?

Olivia Arezzolo from Australia is an expert on sleep, and she puts people into four groups: lions, wolves, dolphins and bears. When you understand your sleep type, it helps you plan your day.

Lions are people who get up early. They work a lot in the morning but don't like being busy in the afternoon. They prefer to relax. They usually go to sleep in the evening at around 10:00 pm. **Wolves** like getting up late and have lots of energy at night. They find it easy to study late at night, but they don't like mornings. Over 50% of people are **bears**. They wake up when it gets light and rest when it gets dark. It's difficult for them to work right after lunch because they want to sleep. **Dolphins** are a small group of people – around 10% of the population. They aren't good at sleeping so they're often tired and unhappy.

Which one are you?

5 Read the article and tick (✓) the best description (1, 2 or 3).

- 1 It's an article about the best way for different types of people to sleep and work. ☐
- 2 It's an article about how different animals and humans usually sleep. ☐
- 3 It's an article about how people have different sleep types. ☐

Score: /1

6 Read the article again. Are the sentences T (true) or F (false)?

- | | |
|---|-------|
| 1 Under 10% of American high school students get the right amount of sleep. | T / F |
| 2 Most teenagers in Australia sleep for more than 7.5 hours a night. | T / F |
| 3 Olivia Arezzolo is an Australian who knows a lot about sleep. | T / F |
| 4 Lions don't like mornings. | T / F |
| 5 Wolves aren't good at studying late at night. | T / F |
| 6 More than half of people are bears. | T / F |
| 7 It isn't difficult for dolphins to sleep. | T / F |

Score: /7