

Optimise B1

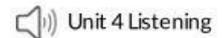
Student name _____

Group/Class _____

Date _____ Score _____

LISTENING

- 1 Listen to five short extracts in which people are talking about different activities. For questions 1-5, choose from the list (A-H) what each speaker says about their activity. Use the letters only once. There are three extra letters which you do not need to use.



Speaker 1: _____

Speaker 2: _____

Speaker 3: _____

Speaker 4: _____

Speaker 5: _____

- A People who enjoy relaxing probably won't like this activity.
- B I only took up this activity recently.
- C It's better to do this activity with other people.
- D I do more than one activity at the same time.
- E I would like to do this activity more often.
- F My family weren't keen for me to do this activity.
- G I do this activity twice a day.
- H This isn't a suitable activity for everyone.

Score: /5

GRAMMAR

- 2 Complete the blog post using a verb from the box in the correct form of the present simple or present continuous.

buy finish go leave meet play put start take write

Sam's Life Blog

Hello followers! As you know, we moved to a new town last weekend so I have lots to tell you about! Next Monday will be my first day at my new school. Classes (1) _____ at 9 am every day, which means I need to catch the bus which (2) _____ from the bottom of my road at 8:30 am. The journey (3) _____ about 20 minutes. I (4) _____ my mum at lunchtime on the first day and she (5) _____ me lunch at an Italian restaurant. On Wednesday at 7 pm I (6) _____ to a basketball match. I can't believe my favourite player Pau Gasol (7) _____ that night! The match is quite long and (8) _____ at 9 pm. As soon as I get home I (9) _____ a review of the match and then I (10) _____ all the photos on my blog!

Score: /10

3 Choose the correct word or phrase to complete each dialogue.

- 1 **A:** I'm thinking about going paintballing this weekend.
B: You *won't /aren't going to* like it – it's quite dangerous.
- 2 **A:** Look at Paul!
B: Oh, no! He *will /is going to* fall into the water. Be careful, Paul!
- 3 **A:** Shall we get some more snacks for the party?
B: Good idea. *I'll /I'm going to* get them. You stay here.
- 4 **A:** *Will you /Are you going to* help me with my homework, please?
B: OK. Just let me finish my sandwich.
- 5 **A:** Would you like to see Lady Gaga in concert on the 25th of June?
B: I can't, sorry. My sister *will /is going to* get married that weekend.
- 6 **A:** Excuse me. Are you ready to order your food yet?
B: Yes, I think so. *I'll /I'm going to* have the double cheeseburger, please.
- 7 **A:** *Shall /Will* I book a tennis court for the morning or the afternoon?
B: The morning. It'll be cooler.
- 8 **A:** Manchester are losing 6-0 and there is only one minute left.
B: Oh, dear! They *won't /aren't going to* win today.
- 9 **A:** Do you have any plans for the weekend, John?
B: Not really. Maybe *I'll /I'm going to* go to the beach, if it's sunny.
- 10 **A:** Promise me you *won't /aren't going to* forget the flowers for Mum.
B: I promise! Don't worry!

Score: /10

READING

Do Something Different!

A Monster Fun!

Head Room is a virtual reality challenge. You and five others are in a large room facing another team. Through a headset, you can see the other players as monsters and vampires. You need to think and move fast as you fight the monsters. Play for £45. It's not cheap, but it's exciting.

B Sports Workout

In this interactive museum, you can try all kinds of sports. You can play in real time to practise a penalty shot or use virtual technology to throw a javelin. Great for seeing which sports you are good at and learning more about sport.

C Singing Superstars

Play Pop Stars if you know a lot about music past and present and are not too shy to sing in public. Teams of four people play against another team in the same room and get points for answering questions and singing songs accurately. The winning team gets a certificate and a group photo for no extra charge.

D Be a Champion!

Games players will love Champion Challenge. Using hand-held controls, players compete in a wide range of virtual reality sports including tennis, bowling and even sword fighting. Suitable for beginners. There are no prizes, but you can enjoy playing many types of games.

E Join the Stars

Be Live! Concert Experience uses the latest technology to recreate a live concert with sounds and movement. Put on your headset and sing with your hero while a virtual audience watches. If you are shy, don't worry – it's all in your head while you sing with the stars.

F Head for Heights!

The High Flyer is not a roller coaster, but it will give you a thrill. The pod will suddenly fly up at 20 kilometres an hour then return even faster! If you are frightened of heights, this isn't for you!

G Be a Time Traveller

Time Travel Hunt offers a fun hour for teams of 3–5 players who answer history questions and solve puzzles in six rooms. Each room is a different period in history and you must travel from the time of the dinosaurs to the present day. It only costs £5, so you can learn a lot for very little money.

H Dare the Dragon!

The Flying Dragon is the new attraction that takes you round a track at over 30 kilometres an hour! The 'Dragon' then turns upside down and repeats the experience. Don't eat before going on this ride! Also, don't forget to smile when they take your photo. Ride £25. Photo £5.

4 Scan the text and write the paragraph (A–H) which mentions these ideas.

- 1 no experience is necessary
- 2 going up and down fast
- 3 moving from room to room
- 4 good value for money
- 5 learning about history

Score: /5

VOCABULARY

5 Complete the dialogue with a phrasal verb, using one word from each box. You may use each word from the second box more than once.

call eat get sleep stay take work

in off out together up

Jack: Hey, Lauren! What's up?

Lauren: I'm thinking about what to do this evening. They have decided to (1) _____ our football match tomorrow morning because of bad weather. I usually don't (2) _____ late on Friday because I have to get up early the next day.

Jack: I didn't know you played football. When did you (3) _____ it _____ ?

Lauren: About three months ago. I used to (4) _____ at the gym, but playing football is more fun.

Jack: If you want, I could call Ben and Beth and we could all (5) _____ and do something?

Lauren: Yes, we could (6) _____ together in a restaurant for a change, then go to a disco. The best thing is that whatever we do, I can (7) _____ late tomorrow!

Score: /7