

UNIT 11: THE BODY

Exercise 1: Choose the correct words.

1. Sunbathing is bad for your..... . You should use sunscreen to keep you from getting burned.
2. Spending too much time looking at a computer screen is bad for your
3. Comfortable shoes are essential to take care of your..... .
4. Junk food is bad for your because it makes it harder to pump blood around.
5. Doing yoga is good for your , since it helps you stretch and gain flexibility.

Exercise 2: Choose the correct option.

1. You *should/shouldn't* eat too much fat. It's bad for your health.
2. Adults should *sleep/to sleep* at least 7 hours every night.
3. *Should we/We should* spend more time with family and friends and less time online.
4. You *should/shouldn't* take regular breaks and walk around. Sitting down for too long is bad for your body.
5. *I should/Should I* see a doctor?
6. You *don't should/shouldn't* wear a lot of make-up. It's bad for your skin.
7. *What should/Should what* I do to feel better?
8. You *should to drink/should drink* more water and fewer sodas.

Exercise 3: Complete the sentences.

1. Have you everto a soccer game?
2. My mother's to France for the summer.
3. Have you ever dinner for more than ten people?
4.you ever written a letter?
5. She's listened to rap music.
6. He'sfriends in a lot of different countries.
7. My cousin taken a lot of interesting photographs.

8. Have youswum in the ocean?

Exercise 4: Find the error in each sentence.

1. We should go to the beach today or tomorrow?
2.
A: I should buy John a birthday present.
B: No, you should. He didn't buy you one.
3. We're going on vacation in August, so the weather should sunny.
4. They shouldn't to talk to their mother like that.
5. Have you ever meet a famous person?