

1

NEW YEAR, NEW CHALLENGE



ABOUT YOU

What are your aims and ambitions at school this year?
Which subjects do you like the most?

VOCABULARY

Education: phrasal verbs

- 1 Do the quiz below. Compare your answers in pairs.
 - 2 >> Turn to page 120 and check your results. Who feels the most optimistic about the new school year? Why?
 - 3 Match the **phrasal verbs** in the quiz to the meanings.
- EP
- 0 say the words of a text aloud *read out*
 - 1 remain while others leave
 - 2 do an activity with others
 - 3 distribute something to people
 - 4 do something to see if you like it
 - 5 give written work to a teacher
 - 6 decide to do something later
 - 7 finish classes at the end of term *break up*
 - 8 make progress
 - 9 write something so you don't forget it
 - 10 be accepted into a group or team
 - 11 try to get or achieve something
 - 12 understand something



- 4 Listen to two people talking about the quiz. Answer the questions.

- 1 Whose first day back was the most difficult? Why?
- 2 Who is the most enthusiastic about doing the quiz?
- 3 What did Sophie learn from the quiz?
- 4 Who feels the most optimistic about the new school year?



- 5 Listen again. What are Niall's and Sophie's answers to the quiz?

1 Niall – a Sophie – b

6

Complete the questions with the correct form of the **phrasal verbs** from the quiz. Then ask and answer the questions.

- 1 What happens if you _____ homework late at your school?
- 2 Do you ever have to _____ your work aloud in front of the whole class?
- 3 Are you generally good at _____ solutions to problems by yourself?
- 4 Do you ever have to _____ after class? Why?
- 5 Is there a party or celebration at school when you _____ for the holidays?
- 6 Do you like _____ group activities or do you prefer doing things independently?
- 7 Have you _____ to any teams this year?
- 8 Do you like _____ new experiences or do you tend to stick with what you know?

READING



- 1 Read the first paragraph of the article on page 11. What is a **mindset**?



- 2 Read the whole article and tick (✓) the areas of life that your mindset can affect.

- | | |
|--|---|
| a ☐ success at work | d ☐ education |
| b ☐ health | e ☐ attitude to sports |
| c ☐ friendships | |

BACK-2-SCHOOL

Are you the type of person who's into every challenge and new opportunity? Or do you take a more independent, chilled-out approach to life?

DO OUR QUIZ
AND FIND OUT!

- 1 It's the start of the school year. You ...
 - a can't wait until you **break up** for the next holidays.
 - b feel optimistic – you think you'll **get on** well this year.
- 2 Your teacher **reads out** some information about an exam. You ...
 - a **note down** all the details in case you forget them.
 - b don't do anything. You'll **figure it out** at the end of term.
- 3 You see a poster asking people to join the school swimming team. You ...
 - a don't bother trying. You know you won't **get in**.
 - b decide to **go for** it. It's a cool opportunity.
- 4 You are asked to fill in a form with some personal information. You ...
 - a agree and promise you'll **hand it in** soon.
 - b **stay behind** and complete it before you go home.
- 5 Your teacher **gives out** information about clubs and societies at school. You ...
 - a don't listen. You never **join in** after-school activities.
 - b are pleased. You can't wait to **try out** something new.
- 6 You have a lot of homework this week. You ...
 - a start right away – you never **put** things **off**.
 - b relax – there's plenty of time later in the week!

1

NEW YEAR, NEW CHALLENGE

VOCABULARY

Education: phrasal verbs

1 Match the beginnings and ends of the sentences.

- | | | |
|---------------------------------------|----------|--|
| 0 I enjoy trying | <u>c</u> | a behind after school and do some extra work. |
| 1 I think we break | _____ | b down all the details in your book. |
| 2 Daniel hasn't handed | _____ | c out new things. |
| 3 I'm going to go | _____ | d up for the summer on 6th June. |
| 4 Don't put things | _____ | e out all the new assignments yesterday. |
| 5 This year, I think I'm going to get | _____ | f in his homework yet. |
| 6 The swimming coach read | _____ | g in the school football team this term. |
| 7 I'm going to stay | _____ | h out the answer to this maths problem. |
| 8 Our teacher gave | _____ | i out the names of everyone in the team. |
| 9 I love joining | _____ | j off for too long or you might never do them. |
| 10 Don't forget to note | _____ | k on well at school. |
| 11 If I play well, I'll get | _____ | l in when someone starts singing. |
| 12 I can't figure | _____ | m for the position of team captain. |

2 Complete the email with the phrasal verbs in the box.

break up figure out get in ~~get on~~ give out go for
hand in join in note down put off stay behind try out

Hi Sophia,

I've just started at my new school and it's great. I think I'm going to ⁰ get on really well here. There are lots of interesting clubs – I'm going to ¹ _____ rock climbing this year! I've never done it before, but it sounds fun so I decided to ² _____ it.

The students in my class are really friendly. A few ³ _____ after school to play basketball and they asked me to ⁴ _____ with them. As you know, I'm pretty good at basketball and my new friends think I will ⁵ _____ the school team if I try!

There's a lot more work to do, though. The teachers ⁶ _____ homework every day and we have to ⁷ _____ most of it the next morning. There's always one piece that we can do over the week, but I try not to ⁸ _____ doing it for too long. I have to remember to ⁹ _____ everything the teachers say about the homework, or I forget it. The timetable is quite complicated too, but I'll ¹⁰ _____ where to go at what time soon, I'm sure!

We ¹¹ _____ on 15th December, so I'll come and visit you then. Write soon!

Debbie



READING

1 What advice would you give to someone starting at a new school? Write three ideas.

2 Quickly read the article on page 5. Does the author give the same advice as you?

3 Match the headings to the paragraphs (A–G).

- | | |
|--------------------------------|----------|
| 0 Get involved! | <u>F</u> |
| 1 Find out about the school | _____ |
| 2 Be a conversation starter | _____ |
| 3 Don't be afraid to stand out | _____ |
| 4 Pay attention to others | _____ |
| 5 Be brave | _____ |
| 6 Put on your friendly face | _____ |