

Name: _____ Class: _____ Date: _____

UNIT 6 : Get Active
Theme : World of Knowledge

PBD 1 Reading

U6-47

Choose and write the correct sport based on the description.

swimming
volleyball

hockey
cycling

football
sailing

tennis
basketball

squash
golf

- 1 (a) _____
(b) _____
(c) _____
(d) _____

- (e) _____
(f) _____
(g) _____

} a ball is
needed for
these sports

- 2 (a) _____

- (b) _____ } water sports

- 3 (a) _____

- (b) _____ } a club or
stick is used

- 4 _____

a bicycle is used for this sport

- 5 (a) _____

- (b) _____ } a racquet is
used

Performance
Level

★ PL 1

★ PL 2

★ PL 3

★ PL 4

★ PL 5

★ PL 6

LS 3.2.3 Guess the meaning of unfamiliar words from clues provided by title, topic and other known words.

PBD 2 Listening



Look at the pictures. Listen then unscramble the names of the sport.



mlncibig
climbing



seorh-idirng



ticathsle



mnagysscti



ingski



ingwsertl

Performance
Level

★ PL 1

★ PL 2

★ PL 3

★ PL 4

★ PL 5

★ PL 6

LS 1.3.1: Guess the meaning of unfamiliar words from clues provided by other known words.

Read the text. Then answer the questions below.

The Asian Games, also known as Asiad, is a sports event held every four years for athletes from Asia. The first Asian Games was held in New Delhi in 1951. It is the second largest multi-sport event after the Olympic Games.

Nine nations have hosted the Asian Games so far and 46 nations have participated in the Games. The Games follow the sports programme of the Olympics, with athletics and swimming as the main sports. Today, sepak takraw, kabaddi and wushu, three very Asian sports are also on the list of sports competed. Skateboarder Bunga Nyimas Cinta of Indonesia is the youngest medallist in the history of the Asian Games. She was only twelve when she won her medal.

In the 2018 Asian Games held in Jakarta, more than 45 countries competed for 462 medals. The next Games will be held in Hangzhou, China from 10–25 September, 2022.

1 Complete the sentences.

- (a) The Asian Games is also known as _____.
- (b) The first Asian Games was held in _____ in the year _____.
- (c) The largest multi-sport event in the world is the _____.
- (d) In the Asian Games, the main sports are _____ and _____.
- (e) Bunga Nyimas Cinta won a medal for _____.

2 State whether the following statements are **True** or **False**.

- (a) The 2018 Asian Games was held in Indonesia. ()
- (b) So far, 45 nations in Asia have hosted the Asian Games. ()
- (c) Sepak takraw, kabaddi and wushu are the three main sports in the Asian Games. ()
- (d) More than 45 countries competed in the Asian Games held in Jakarta. ()
- (e) Bunga Nyimas Cinta was only 12 when she won a medal for skateboarding. ()

Performance Level

☆ PL 1

☆ PL 2

☆ PL 3

☆ PL 4

☆ PL 5

☆ PL 6

LS 3.2.2 Understand specific information and details of two paragraphs or more.

PBD 4 Reading

- A** Complete the sentences with affirmative and negative forms of **there was**, **there wasn't**, **there were** and **there weren't**.

- 1 There wasn't _____ anyone at the stadium yesterday. (X)
- 2 Ten years ago _____ many professional footballers in this country. (X)
- 3 _____ a group of boys who wanted to take part in the race. (✓)
- 4 _____ more than 1,000 athletes at the 2018 Winter Games. (✓)
- 5 For years _____ anyone who played football like David Beckham. (X)
- 6 _____ any fans allowed at football matches during the Covid-19 pandemic. (X)

- B** Complete the sentences using affirmative (✓) and negative (X) forms of **was** and **were**.

- 1 She _____ the best netball player in her school. (✓)
- 2 His fans _____ waiting for him at the stadium entrance. (✓)
- 3 Her coach _____ very happy when she lost the competition. (X)
- 4 Unfortunately, Badrul and Hardeep _____ chosen to represent Selangor for the hockey match. (X)
- 5 Krisha _____ the only girl learning to wrestle. (X) There _____ a few others. (✓)
- 6 Noah and Javier _____ at a sports meeting when I called. (✓)
- 7 My cousins _____ at home when I went over. (X)
- 8 Datuk Lee Chong Wei _____ considered one of the best badminton players in the world. (✓)

Performance Level

☆ PL 1

☆ PL 2

☆ PL 3

☆ PL 4

☆ PL 5

☆ PL 6

LS 3.2.1 Understand the main idea of simple texts of two paragraphs or more.

Listen and read. Then answer the following questions.



The first Winter Youth Olympic Games **took** place in Austria. It was **held** in January 2012. More than 1,059 athletes, between the ages of 14 and 18, **represented** 70 countries. The athletes **competed** in 15 winter sports. Germany **won** the most medals.

Football (or soccer as the game is **called** in some parts of the world) has a long history. The first-ever international football match took place on 30 November, 1872 between Scotland and England. The match, **watched** by 4,000 spectators **ended** goalless.

1 Answer the following questions.

(a) Where and when were the first Winter Youth Olympic Games held?

(b) The Youth Olympic Games is for youth between the ages of

(c) There were _____ countries that participated in the Winter Games.

(d) When was the first International football match held?

(e) Who won the football match? Why?

2 List all the past simple forms in bold and write the verbs.



VIDEO

	Past simple	Verb form
a	took	take
b		
c		
d		
e		
f		
g		
h		

Performance Level

☆ PL 1

☆ PL 2

☆ PL 3

☆ PL 4

☆ PL 5

☆ PL 6

LS 1.2.3 Understand with support longer simple narratives on a range of familiar topics.
LS 3.2.2 Understand specific information and details of two paragraphs or more.

PBD 6 Listening

A Listen and read the text. Then complete the sentences with phrases from the box.

working	lorry driver	Super Mokh	more than 88 goals for Malaysia
Setapak, Selangor	at the age of 37	Kwong Yik Bank	three

Mokhtar Dahari, Malaysia's Greatest Footballer

When and where was he born?

On 13 November, 1953 in Kuala Lumpur

Where did he grow up and go to school?

He grew up in (1) _____ and went to Victoria Institution in Kuala Lumpur.

What did his father work as?

His father was a (2) _____.

At what age did he leave school?

He left school when he was seventeen.

Did he further his education after leaving school?

No, he didn't. He started (3) _____.

Where did he get a job?

He got a job with PKNS and later worked for (4) _____.

How did he become famous?

He played football for the country and scored

(5) _____.

What did people call him?

Malaysians called him (6) _____ for his playing skills and strength.

Did he have children?

Yes, he had (7) _____ children.

How old was he when he passed away?

He passed away (8) _____.

B Listen to the text again. Write all the past simple form of the words you hear.

Performance Level

★ PL 1

★ PL 2

★ PL 3

★ PL 4

★ PL 5

★ PL 6

LS 1.2.3 Understand with support longer simple narratives on a range of familiar topics.