

Grammar



Violet can become invisible and she can make a 'force field'. She can't run fast and she can't fly.

Dashiel 'Dash' Parr is ten. He can run very fast but he can't run through walls and he can't become invisible.

Helen Parr or Elastigirl can stretch her body. She can fly, but she can't run through walls and she can't run very fast.

Jack Parr (Mr Incredible) is really strong. He can run through walls and he can carry one tonne - but he can't fly and he can't run fast.

1 Match the words with the activities.

- fly
- run through walls
- stretch
- carry one tonne
- make a force field
- become invisible



2 Read the text above and complete the table.

✓ = can X = can't ? = I don't know

Ability	Jack	Helen	Violet	Dash
run fast	X	X	X	✓
run through walls				
carry one tonne				
fly				
stretch				
become invisible				
make a force field				

