

Eating out in Kingston, Jamaica



In Kingston, the capital of Jamaica, there are many different types of restaurant and café. They cook food from lots of different countries around the world. There are Spanish bars where you can try tapas and paella. There are Italian pizzerias where you can try different types of pasta and pizza. There are Japanese restaurants where you can try sushi. Or how about a curry at an Indian restaurant? Or a chilli con carne at a Mexican restaurant? They're all delicious. But if you're on holiday in Jamaica, why not try a traditional Jamaican dish? Jamaican cooking includes lots of the ingredients that the island produces. It is often fruity and spicy.

Jamaican rice with red beans

This very popular dish is made with rice, coconut milk, onions, spices and red beans. It's delicious. Jamaicans often have it with chicken for lunch on Sunday.



Baked Jamaican bananas

In Jamaica you can eat red bananas! They are smaller and sweeter than yellow bananas. You can bake them with butter, sugar, lime juice and spices. People eat them hot with ice cream. Mmm. Delicious.



Lemonade



This cool, refreshing drink is very popular all year in Jamaica. It's made with lemons, limes, water, brown sugar and spices. A glass of lemonade with ice really is the taste of Jamaica!

Match the parts of the sentences.

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| 1 There are Spanish bars, | ☐ | ☐ where you can try baked bananas. |
| 2 There are Mexican restaurants, | ☐ | ☐ where you can try chilli-con-carne. |
| 3 There are Japanese restaurants, | ☐ | ☐ where you can try curry. |
| 4 There are Indian restaurants, | ☐ | ☐ where you can try tapas and paella. |
| 5 There are Jamaican restaurants, | ☐ | ☐ where you can try sushi. |