1.5 Listen to a radio interview with a supporter of *Buy Nothing Day*. Which of the following points does he mention?

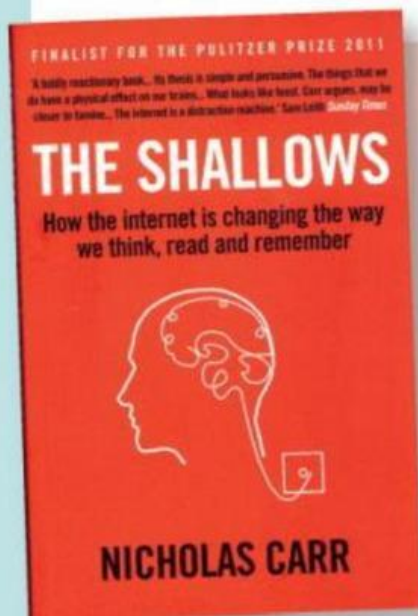*Buy Nothing Day* is important because it might encourage people not to ...

1 use shopping as a kind of therapy.
2 owe a lot of money.
3 support big companies.
4 consume more than their fair share of the world's resources.
5 buy goods where the workers are badly paid.
6 buy goods with unnecessary packaging.

8a Complete extracts 1–7 from the listening with the most appropriate form of the verbs in brackets.

1 Can you explain a little about what *Buy Nothing Day* _____ (mean)?

2 When you really _____ (think) about it, the idea of buying things as a way of spending your leisure time is crazy.

3 We _____ (believe) shopping makes us happy, but it doesn't.

4 Yes, I _____ (agree), that's a good point.

5 We all _____ (own) far too much.

6 Most of the time we _____ (prefer) people to buy locally ...

7 Most people _____ (not/understand) how difficult it is ...

2 Look at the cover of a recent book about the internet. Do you think the author is positive about the effect of the internet or negative? Read the book description and check your ideas.

FINALIST FOR THE PULITZER PRIZE 2011

'A totally reactionary book... Its thesis is simple and persuasive. The things that we do have a physical effect on our brains... What looks like food, Carr argues, may be closer to famine... The internet is a distraction machine.' Sam Leith *Sunday Times*

THE SHALLOWS

How the internet is changing the way we think, read and remember

NICHOLAS CARR

This is a fascinating book. We all know that the internet is changing the way we do things, but Carr believes that it is also changing the very way our brains work. With the printed book, he argues, our brains learnt to think deeply. In contrast, the internet encourages us to read small bits of information from lots of different places. We are becoming better and better at multitasking, but much worse at concentrating on one thing.

1.9)) Listen and complete these opinions about the internet with the missing key words.

1 Shopping and _____ _____ is _____ .

2 Looking at _____ all day is _____ for our _____ .

3 People will _____ how to _____ to each other.

4 People don't _____ enough _____ _____ .

5 Online _____ is not always _____ .

6 Hyperlinks in _____ _____ are very distracting.

7 We are now using _____ more _____ to _____ all our _____ .

8 Multitasking online makes us _____ less _____ .