

Test 11

1. Choose the word (A, B, C, or D) that best completes the sentence.

1 When you play ... sports you have to be able to get along with others and work as a group.

A team

C winter

B spectator

D contact

2 You should have seen him during ...; he looked like a champion!

A training

C exercise

B race

D stamina

3 If you want to be a champion, you have to make ... exercise the biggest part of your life.

A exhausting

C tough

B unhealthy

D regular

4 You don't have to ... fit in one week, take your time!

A look

C get

B put

D run

5 You must decide to eat ... food at every meal; no more sweets!

A regular

C exhausting

B addictive

D healthy

6 Even though the training is very ..., you have to do it or you'll never be able to complete the event.

A tough

C scary

B junior

D addictive

7 You ran three km in an hour! You must have been ... of breath.

A up

C off

B out

D on

8 We can't believe you finished the race; it must have been ...!

A exhausting

C regular

B addictive

D sporting

9 I could have done ... sports when I was younger, but I thought they were far too dangerous.

A winter

C extreme

B team

D water

10 Who ... the match?

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A trained

C beat

B defeated

D won

2. Choose the correct word to complete the sentences.

1 I think that the Canadian, Ben Johnson, was one of the best *gymnasts/runners* of all time; he was the fastest person in the world.

2 You should have seen the *snowboarder/boxer*; he was going so fast his goggles flew off.

3 You have to be big and strong to be a *gymnast/football player*.

4 I could have been a champion *tennis/basketball* player when I was a teenager but I was too short.

5 *Hockey players/Boxers* mustn't hit their opponents; it's against the rules.

6 You don't have to be able to run fast if you want to be a good *tennis player/motor racer*.

3. Choose the word (A, B or C) that best completes the sentence.

1 The ... must have hit some ice; I hope she's not hurt.

A skier

B skiing

C ski

2 I think ... is very exciting; you should have come to today's event.

A snowboard

B snowboarder

C snowboarding

3 If you want to ..., you have to have a driver's permit.

A motor racer

B motor race

C motor racing

4 Professional ... have to have a lot of stamina.

A cycle

B cyclists

C cyclers

5 Some of the greatest ... have been American.

A athletes

B athletics

C athletic

4. Choose the word (A, B, C or D) that best completes the sentence.

1 You should have come to see the Canadian hockey ... play; they must be the best on the planet.

A group

C league

B team

D score

2 Spain could have ... Brazil if they had had more stamina.

A kicked

C won

B caught

D beaten

3 Did you see the final ...? The players must have been playing with their eyes closed!

A league

C score

B total

D list

4 In football you mustn't carry the ball; you have to ... it with your feet.

A kick

B bounce

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C drop

D catch

5 If you want to ... tennis professionally you must join a club.

A do

C score

B win

D play

6 You should have seen Jordan ... the ball; he's the best basketball player ever.

A kick

C drop

B bounce

D win

5. Complete the text with one word which best fits each gap.

Dear Jade,

In your last email you asked me what I thought it took to be a great athlete. Well, in my opinion, it depends on what sport you are talking about. If you want to 1) tennis, you must join a club and you have to practise everyday. If you are interested in 2) athletics, you don't have to be on a team, but it might help you to build up your stamina. Whatever sport you 3), you must be fit. To get fit, you have to take regular exercise; you can 4) cycling, swimming or running, for instance. Whether you decide to 5) skiing or snowboarding or whether you choose to 6) hockey or football, good luck!

Stuart

6. Read the article and choose the best answer A, B, C or D.

I wish everybody in my family didn't like sports so much. My brother 1) football every weekend – he 2) two goals in last week's match. My sister 3) gymnastics and my parents both 4) swimming every morning! I like getting up late at the weekends, and I would rather get a pizza than get 5)! My brother says that sport is 6) but I don't agree. I think it's 7)

1 A goes

B plays

C does

D trains

2 A scored

B beat

C won

D trained

3 A does

B goes

C plays

D jumps

4 A do

B play

C go

D try

5 A fit

B trained

C sporty

D healthy

6 A healthy

B secure

C visible

D routine

7 A junior

B athletic

C exhausting

D fit