

# 29 Illness and accidents

## A Symptoms



1 have a temperature



2 cough



3 a sore throat

The chemist asked me about my **symptoms**. I had a **high temperature**<sup>1</sup>, as well as a **cough**<sup>2</sup> and a **sore throat**<sup>3</sup>, plus my neck was very **painful**.

I ate some fish which didn't taste good, and it gave me an **upset stomach**.

I went to see my doctor for a **check-up** because I felt extremely tired and **lacked energy**. **At times** I felt **confused**, and my husband thought I looked very **pale** too.

### GLOSSARY

|                         |                                                                                                                  |
|-------------------------|------------------------------------------------------------------------------------------------------------------|
| <b>symptom</b>          | sth that shows you have an illness                                                                               |
| <b>check-up</b>         | a general examination by a doctor to see if you are healthy                                                      |
| <b>lack</b>             | If you <b>lack</b> sth, you have none, or you don't have enough of it. <b>lack n a lack of energy/time/money</b> |
| <b>at times</b>         | sometimes, but not often                                                                                         |
| <b>confused</b>         | not able to think clearly                                                                                        |
| <b>pale</b>             | with not much colour in your face, perhaps because you are ill                                                   |
| <b>an upset stomach</b> | an illness in the stomach that makes you sick or needing to go to the toilet very often                          |

### SPOTLIGHT *sore and painful*

If a part of your body is **sore**, it hurts, especially because of infection or too much exercise.

■ a **sore throat**

■ My feet are **sore** after walking all day.

If something is **painful**, it hurts or gives you **pain**.  
OPP **painless**.

■ My back was **painful**. ■ It was a **painful** injury.

### 1 Is the pronunciation of the underlined sounds the same or different? Write S or D.

Use the **APP** to help you. Practise saying the words.

▶ symptom / think S

1 throat / confused

2 upset / stomach

3 stomach / lunch

4 pale / painful

5 sore / door

6 cough / enough

7 temperature / check-up

8 throat / board

### 2 Circle the correct word.

▶ Do you have a **big** / **high** temperature?

1 The little girl looked very **pale** / **painful**. I think she was quite ill.

2 I don't feel well if I have a **lack** / **lot** of sleep.

3 My grandfather's memory isn't so good, and he's often a bit **confused** / **painful**.

4 Most people feel tired and have no energy at **time** / **times**.

5 Some types of cheese can give me an **unhappy** / **upset** stomach.

6 People sometimes make a lot of noise when they have a **sore throat** / **cough**.

7 Danni spoke to the doctor about her **symptoms** / **energy**, such as feeling tired all the time.

### 3 Complete the words in the questions.

▶ Do you look **pale** if you are very cold?

1 Do you l\_\_\_\_\_ energy early in the morning?

2 Do you know what the s\_\_\_\_\_ of flu are?

3 Is any part of your body p\_\_\_\_\_ at the moment?

4 Is there any kind of food that gives you an u\_\_\_\_\_ stomach?

5 What do you do if you have a s\_\_\_\_\_ throat?

6 If you have a high t\_\_\_\_\_, what do you do about it?

7 When you've got a cold, do you often get a c\_\_\_\_\_ as well?

8 Do you ever feel c\_\_\_\_\_ when you wake up suddenly?

9 When did you last go for a c\_\_\_\_\_ at the doctor's?

### ABOUT YOU

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### 4 ABOUT YOU Write your answers to the questions in Exercise 3, or ask another student.



### TEST YOURSELF



## B Injuries and emergencies



muscles



burn *n, v*  
(*pt/pp burnt*)



trip (over)



bite *v, n*  
(*pt bit pp bitten*)

### Have you ever ...

injured a muscle<sup>1</sup> by doing too much exercise?

suffered from a serious burn<sup>2</sup>?

tripped over<sup>3</sup> and broken a bone?

been bitten<sup>4</sup> by a dog or cat?

accidentally eaten something poisonous?

had a bad reaction to milk or cheese?

had bleeding from your nose or ear?

### GLOSSARY

|                        |                                                                                                          |                  |                                                                                                                 |
|------------------------|----------------------------------------------------------------------------------------------------------|------------------|-----------------------------------------------------------------------------------------------------------------|
| <b>injure</b>          | hurt yourself or sb else, especially in an accident <b>injured</b> <i>adj</i> <b>injury</b> <i>n</i>     | <b>poisonous</b> | Something <b>poisonous</b> will make you very ill or kill you if you eat or drink it. <b>poison</b> <i>n, v</i> |
| <b>suffer from sth</b> | feel pain, sadness or another bad feeling                                                                | <b>reaction</b>  | If you <b>have a reaction</b> to sth you have eaten or drunk, it makes you ill.                                 |
| <b>accidentally</b>    | in a way that was not planned or intended<br><b>SYN</b> <b>by accident</b> / <b>hit him by accident.</b> | <b>bleeding</b>  | losing blood from your body <b>bleed</b> <i>v</i> ( <i>pt/pp bled</i> )                                         |

### 5 True or false? Write T or F.

- ▶ You have muscles in your arms. T
- 1 A burn is a type of injury. ....
- 2 You can't suffer from a headache. ....
- 3 A bite is not painful. ....
- 4 You press hard on a bad cut to stop the bleeding. ....
- 5 People trip over by accident. ....
- 6 You can have a bad reaction to certain medicines. ....
- 7 Poison is good for you. ....
- 8 If you do something accidentally, you want to do it. ....

### 6 One word is missing in each line. What is it, and where does it go?

- ▶ Julia had a very bad / to the drugs the doctor recommended. reaction
- 1 I over in the street and hurt my knees. ....
- 2 The boy was from a nasty cut on his arm. ....
- 3 Potatoes are when they go green, and they can make you ill. ....
- 4 Nobody was killed, but three people were in the accident. ....
- 5 My sister has from a serious illness all her life. ....
- 6 I was by a cat when I was young, so I don't go near them now. ....
- 7 I need to do exercises to make the in my arms stronger. ....
- 8 The fire started by and three people were badly burnt. ....

### 7 ABOUT YOU Write your answers to the questionnaire at the top of the page, or ask another student.



TEST YOURSELF