

Writing Activity

Directions:

1. Type the words to complete the sentences in the following text.

moreover

teamwork

Additionally

Physical

Furthermore,

One of the key benefits of doing chores is the promotion of _____ and cooperation

among family members, as working together towards common goals improves relationships.

_____, engaging in physical activities while doing household chores improves overall

health and well-being. Tasks such as sweeping, mopping, or gardening provide opportunities for

_____ exercise, aiding in staying active and maintaining a healthy lifestyle. _____

research shows that regular exercise not only enhances physical health but also positively impacts

mental well-being. _____, completing household tasks results in a clean and organized living

space, which positively influences mental health and productivity by inducing relaxation and

reducing stress levels.