I. What is this article about?

A shopping for clothes

B a fashion show

C clothes and the environment



Fast fashion

Do you like fashion? Are you wearing new clothes? Do you buy new clothes every month? For many people, the answer to these questions is 'yes'. In the past, people didn't buy many clothes. They gave their old clothes to their brothers and sisters, or recycled them in the home. But today, many clothes are cheap. People buy clothes and they only wear them two or three times. They don't want them after two or three months. We call this 'fast fashion'. It's fun, but it's bad for the environment.

Everyone needs clothes, but how can you help the environment? Here are some ideas.

1. Don't buy many new things. Buy one good T-shirt, not six cheap ones.
2. Recycle your old clothes. We all have clothes at home that we don't wear. Some people sell their clothes online, or swap them with friends. You can give good clothes to a charity shop and send very old or damaged clothes to a recycling centre.
3. Buy recycled clothes and accessories. Matt and Nat is a company that makes bags. But the bags aren't made of leather – they're made of 100% recycled bottles! The company also uses cork and rubber for its bags.

You can love fashion and also love the environment!



II. Read the article again. Are the sentences right (✔) or wrong (X)?

1. In the past, people recycled their clothes.

2. It's now possible to buy many clothes without spending a lot of money.

3. 'Fast fashion' is when you buy things quickly.

4. You can sell your old clothes to a recycling centre.

5. The bags at Matt and Nat are made of plastic.

LIVEWORKSHEETS

III. Match.

1 the air, water, land and animals around us	**A** to swap
2 give one thing and get another thing for it	**B** a charity shop
3 this shop sells things to get money to help people, places or animals	**C** the environment
4 people recycle things here	**D** damaged
5 when something is broken or not in perfect condition	**E** a recycling center

LIVEWORKSHEETS