

READING EVALUATION

B1

READ THE TEXT AND DRAG AND DROP THE WORDS TO COMPLETE IT

hair brain water sleeps bones food
hands mites ears taller bacteria femur
milk skin skull blondies winter diseases muscles
water pain eyelashes fingernails short cool down kiss
neurons healthily dead nervous system teeth

Our body is formed by _____ that are strong and white. We have the major quantity of them in our _____ and feet. The strongest one is the _____. But even though, they are strong, any of them can be bent without snapping first, so to keep them all strong, we'd better drink _____. Maybe you won't believe this, but _____ are bones too. Our _____ are beneath the skin and protect the osseous system. They represent a half of our total weight. Any simple movement in our body requires them. For example, to _____ someone, we need to move 34 facial muscles! The _____ protects both, the bones and the muscles. It is the largest organ in our body! It can weigh 18 kilograms during all our life.

The most important organ is the _____, which is protected by a 22-bone _____. The brain is mostly made of _____. We connect it with the rest of the organs through the _____ that is all around your body. Your brain reads signals from your nerves to regulate how you think, move and feel. The brain doesn't feel _____ and it never _____. Inside our brain the _____ live. Outside, we have _____ to protect the skull. It is _____, that's why we don't feel pain when it is cut. It grows specially in _____ and it is proved that _____ are hairier than others. Do you know that we have hair above our eyes to protect them? Our _____ are also a first line of defense for our eyes, keeping a dirt, dust, lint and other debris from reaching the delicate eye tissues. However, we have some _____ living there! They are microscopic animals than clean up dead skin cells and excess oils.

Some of our organs never stop growing, like the _____ and the nose. Similar to _____ that grow faster than toenails.

Even we have some height, science has proved that in the morning, we all are less _____ because of the gravity, but if we lived in the space, we would be 5 centimeters _____.

Maybe you dislike sweating, but it is necessary to _____ our temperature. Some people think that this is stinky, but it is not. In fact, they are the _____ we have in our body, so we'd better take a shower.

I got amazed to know that we can live for more than 2 months without any _____, but less than seven days without _____.

Some people say that yawning and farting is embarrassing, but it's our body showing its boredom and eliminating the extra gases.

Our body has been designed perfectly. We have all what we need to live and achieve our goals. Without this perfect machine, we couldn't be able to do anything.

We should eat _____ and do regular exercise to maintain it in the best conditions all our life. Some of the worst _____ in the world are developed during youth for the bad decision we make daily.