17 Feelings

A Feelings and emotions



1 She's **happy.**



2 She's **sad.** SYN **unhappy**



3 They're **excited.**



4 He's **bored.**



5 He's **angry.**



6 She's **scared/afraid (of sth/sb).**



7 She's **embarrassed.**



8 She's **surprised.**



9 He's **in love.**



10 She's **worried.**

SPOTLIGHT *feelings and emotions*

Feelings or **emotions** are what you have inside yourself. We use adjectives after the verb **be** to describe our feelings, e.g. *I'm* ***happy/sad/angry/afraid***, etc.
We can also use many of these adjectives after the verb **feel** (*pt* **felt**): *I feel* ***happy/sad/angry***, etc.

1 Complete the words.

▶ ha p p y

1 ang____
2 wor____
3 bo____
4 sc____
5 emb_____
6 unh____
7 af____
8 sur_____
9 ex_____

2 Answer the questions.

▶ What's the opposite of ***sad***? happy

1 What's another word for ***feelings***? .....
2 What's the opposite of ***excited***? .....
3 What's another word for ***unhappy***? .....
4 What's another word for ***afraid***? .....
5 If two people love each other, how can we say it another way? They are ....
6 If you do something stupid, how do you feel? .....

3 Complete the sentences.

▶ The teacher got angry because the children were running round the classroom.

1 I got very ..... yesterday because I couldn't find my credit card. I found it this morning.
2 I got 100% in my English exam. I was happy but also very ..... .
3 My brothers get very ..... when they're watching football on TV.
4 I made a mistake and everyone laughed. I ..... stupid and a bit ..... .
5 My sister and Jake are getting married. My parents are ..... because they like Jake.
6 I didn't like the film and I was ..... after half an hour.
7 My aunt never travels by plane. She's ..... of flying.
8 Oliver and Marcia met on holiday. I think they're in ..... .
9 I had different ..... when I first flew in a plane: I was excited but also a bit scared.

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B How did you feel?

How did you **feel** ...

when you went to bed last night?	~ Quite **tired**.
on your walk when it got hot?	~ I was **thirsty**.
after you had nothing to eat for hours?	~ I was **hungry**.
when everyone came to your party?	~ I was very **pleased**.
when you forgot a friend's birthday?	~ I was very **sorry**.
before your important exam today?	~ I was **nervous**.
when you broke your finger?	~ I was **in pain**.
when your dog died?	~ I was very **upset**, and I **cried**.
when you **argued with / had an argument with** your best friend?	~ I felt **bad** and **unhappy** about it.



She's crying.

4 **How do you feel? Write your answers.**

▶ It's the end of a working day. tired

1 Your best friend hasn't invited you to his party. _____

2 You are meeting your boyfriend or girfriend's parents for the first time. _____

3 You've had nothing to drink for hours. _____

4 It's lunchtime and you didn't have breakfast. _____

5 You walked into a door and hit your head. _____

6 A friend wrote a letter to thank you for something. _____

7 A friend asked you to do something, and you forgot. _____

5 **Complete the dialogues.**

▶ When's lunch? ~ I don't know. Are you hungry ?

1 I've got my driving test tomorrow. ~ Oh, are you _____ ?

2 I'm going to bed. ~ OK. Are you _____ ?

3 Did Dan finally pass his exam? ~ Yes, he's so _____ .

4 Did Amelia fall down the stairs? ~ Yes, she was in a lot of _____ .

5 Steph looked very angry. ~ I know. She's just had an _____ with her boyfriend.
Really? What about? ~ I don't know, but they often _____ .

6 I'm really _____ I couldn't come last night. ~ That's OK.

7 I'm _____ . ~ OK. What would you like to drink?

8 Julia's mother was in hospital and died last week, so Julia is very _____ .
~ Oh, that's probably why she was _____ when I saw her.

6 ABOUT YOU **Write your answers, or ask another student.**

Questionnaire

When was the last time you ...

1 felt tired? _____

2 felt nervous? _____

3 felt hungry? _____

4 felt thirsty? _____

5 argued with somebody? _____

6 were in pain? _____

7 cried? _____

8 felt pleased? _____

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