Instructions:

1. Write the manufacturing and expiry dates.

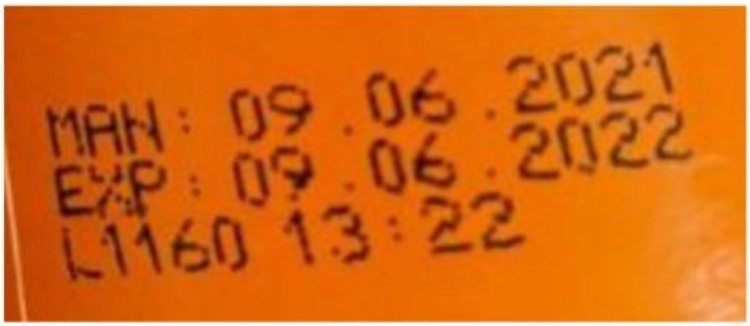
1.

Manufactured on		
Day	Month	Year

Expire on		
Day	Month	Year

LIVEWORKSHEETS

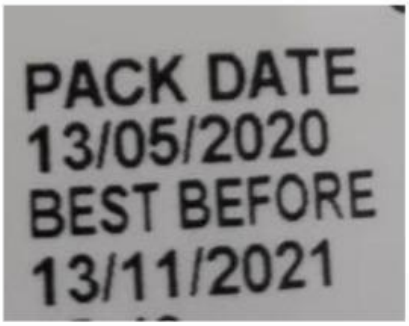
2.



Manufactured on		
Day	Month	Year

Expire on		
Day	Month	Year

3.



Manufactured on		
Day	Month	Year

Expire on		
Day	Month	Year

LIVEWORKSHEETS

Instructions:

1. Fill in the blanks

What happens if we eat expired food? List **four** side effects.

I may get

1) _____

2) _____

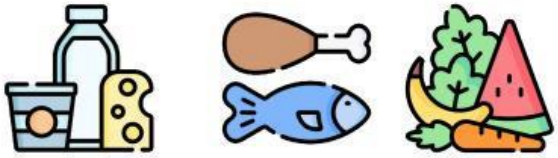
3) _____

4) _____.

LIVEWORKSHEETS

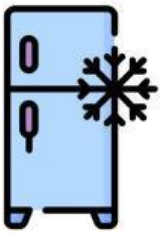
Instructions:

1. **Circle** the food that will expire **faster**.

a)  **Fresh food**	**b)** **Canned food**

Instructions:

1. **Circle** the food that will expire **faster**.

a)  **Frozen food**	**b)** **Room temperature food**

LIVEWORKSHEETS

Instructions:

1. **Identify the items that expires the fastest to the slowest.**

Dairy				**Processed food**	
Fastest rate of expiry					Slowest rate of expiry

Instructions:

2. <u>Rearrange</u> the food products from earliest to latest

Example		
<u>Year</u>		
2024	***2016***	***2022***

Expiring earliest		**Expiring latest**
1)	**2)**	**3)**
2024	*2022*	*2016*

LIVEWORKSHEETS

Instructions:

2. <u>Rearrange</u> the food products from earliest to latest

Year		
2023	***2025***	***2021***

Expiring earliest		**Expiring latest**
1)	**2)**	**3)**

Month		
April	***May***	***March***

Expiring earliest		**Expiring latest**
1)	**2)**	**3)**

LIVEWORKSHEETS

Instructions:

2. <u>Rearrange</u> the food products from earliest to latest

Year		
2023	***2025***	***2021***

Expiring earliest		**Expiring latest**
1)	**2)**	**3)**

Month		
April	***May***	***March***

Expiring earliest		**Expiring latest**
1)	**2)**	**3)**

LIVEWORKSHEETS