


1. Listen and repeat. Then label pictures 1 - 5. Drag and drop the words under the corresponding pictures.

Vocabulary The body

blood bones brain heart muscles

 [Listening_for_exercise_1.mp3](#)



1 brain 2 _____



3 _____ 4 _____



5 _____

2. Scan the following code and read the text.



3. After reading the text, answer the following questions.

- 1 Which is the hardest-working muscle in your body?
- 2 Why does your heart beat faster when you exercise?
- 3 Why is exercise good for your brain?
- 4 What happens to your bones when you get older?
- 5 How many bones are there in your body?
- 6 How many bones are there in your feet?

4. Listen to three children. What kind of exercise do they do? Write.

📎 [Listening_for_exercise_4.mp3](#)

1 dancing 2 _____ 3 _____

5. Ask four of your classmates and find out what kind of exercise they do.

Name	Exercise
1 _____	
2 _____	
3 _____	
4 _____	

What kind of exercise do you do?

6. Tell the class about your classmates: record a video of yourself reporting about what kind of exercise your interviewed classmates do. Use the following sentences as a model:

Thomas doesn't do exercise at all, but Marta walks to school every day. She also likes dancing.

7. After you record your video, upload it to the institution's Padlet account. Click on the following link that will take you to the Padlet.

https://padlet.com/Erica_Corso/what-kind-of-exercise-do-your-classmates-do-s41i45edaysako9n