

WORBOOK UNIT 4 Second Part

LESSON 3 and 4

12 Look at the menu. Then answer the questions with short answers.

1. Does the pasta come with a salad?
Yes, it does.
2. What kind of soup is there?
3. Is there any seafood on the menu?
4. Are there any healthy foods on the menu?
5. Is the fish entrée spicy?
6. Does this restaurant accept credit cards?
7. What kind of salad is there?

JACK'S RESTAURANT

SOUPS

Chowder Chicken Vegetable

SALADS

Pasta Salad Mixed Green Salad

ENTREES

ALL ENTREES INCLUDE A SIDE DISH OR SALAD
Tuna Steak with mashed potatoes
Vegetable Medley with mashed potatoes, and peas
Pasta with tomato sauce

LITE ENTREES

Low Fat Baked Chicken with cheese and fresh fruit
Vegetable Sandwich—sweet bell peppers, cucumbers, carrots,
and mixed salad greens or pita bread

BEVERAGES

Bottled Water Soft Drinks Tea Coffee

DESSERTS

Cheesecake Brownie

SOUP: WE DO NOT ACCEPT CREDIT CARDS.

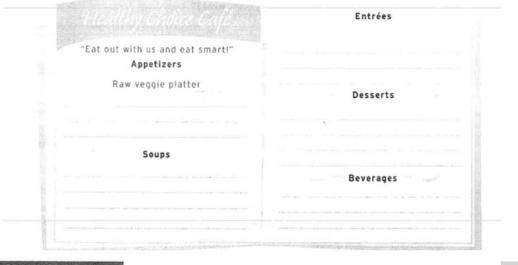
13 Read the webpage on page 46 of the Student's Book again. Circle the healthier fast-food options.

1. a. chicken b. red meat
2. a. grilled b. fried
3. a. food with breading b. food without breading
4. a. regular-size portion b. super-size portion
5. a. french fries b. fruit cup or side salad
6. a. frozen yogurt or fruit ices b. ice cream or cookies

Now answer the questions, according to the website.

1. What's unhealthy about breading?
2. Why is it a good idea to eat slowly?
3. What's unhealthy about french fries?
4. What's healthy about frozen yogurt or fruit ices?

14 Create a menu for the Healthy Choice Café. Write healthful foods that you like to eat under each menu category.



GRAMMAR BOOSTER

A Complete the chart with nouns from the box.

music	apple	water	fun	banana	cheese	help	egg	coffee
cookie	carrot	sugar	fruit	bread	golf	onion		

COUNT	NON-COUNT
apple	music

B Write How much or How many to complete the questions. Then answer each question, using a countable quantity. Use your own words.

1. " _____ water do you drink in a day?"
(You)
2. " _____ milk is in your refrigerator?"
(You)
3. " _____ potato chips do you eat in a week?"
(You)
4. " _____ bread do you buy every week?"
(You)
5. " _____ onions do you use in a month?"
(You)
6. " _____ sugar do you put in your coffee?"
(You)

C Complete the e-mail. Write a or an in front of count nouns or x in front of non-count nouns.

Brad,

I need _____ help with dinner today. Can you go to the store and buy _____ liter of milk and _____ loaf of bread? We also need _____ onion or two, and _____ kilo of apples. Do you think we have _____ cheese? If not, please get _____ package of that, too. I'll see you at home after 5:00.

Tracy

D Complete the conversations with some or any. For some items, more than one answer may be possible.

1. A: Do you need _____ bread?
B: No, thanks. I have _____.
2. A: Do they want _____ soup?
B: No, they don't want _____ right now.
3. A: I don't have _____ water, and I'm so thirsty.
B: Do you want _____ tea?
4. A: Does she need _____ help?
B: She doesn't need _____ help. She needs _____ practice.

WRITING BOOSTER

A Connect the following words and ideas with and and in addition.

1. Spanish paella is made with rice, seafood, meat, _____ vegetables.
2. A traditional Irish breakfast includes sausage, bacon, _____ fried eggs. _____, there are fried potatoes and tomatoes.
3. Pho is a soup from North Vietnam, _____ it's made with beef and rice noodles.
4. Guacamole is a Mexican appetizer made from avocados. _____, it contains tomatoes, onions, lemon or lime juice, _____ salt.
5. Indian samosas are fried pastries, _____ they have a spicy filling of potatoes, peas, onions, _____ green chilis.