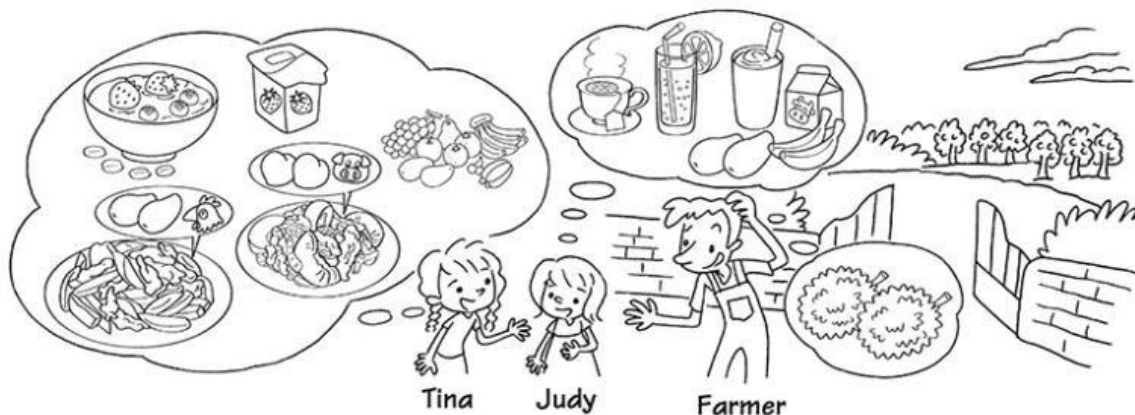


The girls are chatting with a farmer. Finish what they say with the words / phrases given. Follow the example.

a few a little a lot of fewer less more too much



Farmer: I have ① _____ a lot of _____ fruit! Would you like to take some home, girls?

Tina : Sure, thank you!

Judy : Do you think we can finish it all?

Tina : It's OK. We can add some fruit to our meals every day. For breakfast, we can add ② _____ blueberries or strawberries to our cereal or yoghurt. For lunch and dinner, we can cook chicken and pork with mangoes or peaches! We can eat fruit for dessert too. It has ③ _____ sugar than ice cream. We can also eat fruit for snacks. It'll be good for us to eat ④ _____ fruit and ⑤ _____ potato chips.

Judy : I can think of some drinks made of fruit too! We can make lemon tea or lemonade with lemons. We just need to add ⑥ _____ sugar so that it isn't sour. We can also make banana or papaya milkshakes!

Tina : Remember not to add ⑦ _____ milk so that we can finish all of it each time!

Farmer: I'm sorry to stop you but I think you'll have to know about something ... I only grow durians at my farm!

Date: _____

such as

Grain products **such as** rice and cereal **are** good for us.

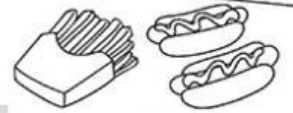
↑
plural noun

Junk food **such as** French fries and hot dogs **is** bad for us.

↑
uncountable noun

We use **such as** to give examples of something.

grain products



junk food

Practice

A Rearrange the words to form correct sentences. Choose 'is' or 'are'. Follow the example.

- 1 chocolate and sweets sugary food bad for us is / are such as

Sugary food such as chocolate and sweets **is** bad for us.

- 2 is / are bad for us such as salty food sausages and sour plums

- 3 such as good for us is / are dairy products milk and cheese

Practice

B Rewrite the sentences by adding 'such as' and the words given. Follow the example.

cola and lemon soda noodles and pasta ✓ cakes and potato chips

- 1 Junk food can make us fat.

Junk food **such as** cakes and potato chips can make us fat.

- 2 Soft drinks are not good for our health.

- 3 Grain products give us energy.
