

CONDITIONALS

ZERO CONDITIONAL

For general truths (scientific facts, or things that always happen)
if **Present simple** + **Present simple**.

Affirmative: If you **eat** too much sugar, you **gain** weight.

Negative: If you **don't exercise** regularly, you **lose** muscle mass.

Question: What **happens** if you **touch** the stove without gloves?

FIRST CONDITIONAL

Real or very possible future situations, events, or outcomes.

If + **present simple** + future simple tense (**will** + **infinitive**)

(Sometimes also modals or imperatives!

*"If you practice, you **can** make it"*

*"If you get into a fight, **run** away")*

Affirmative: If you **exercise** regularly, you **will stay** healthy.

Negative: If you **don't eat** your vegetables, you **won't get** vitamins.

Question: What **will happen** if you **don't get** enough sleep?

UNLESS = IF NOT

If you study, you won't fail

Unless you study, you will fail

DON'T USE "UNLESS" WITH ANOTHER NEGATIVE!

"Unless you don't study, you will fail" makes no sense.

SECOND CONDITIONAL

For hypothetical or unlikely present/future situations.

If + **past simple** + **would** + **infinitive**

- Affirmative: If I **won** the lottery, I **would travel** the world.
- Negative: If he **didn't have** a car, he **wouldn't be able** to get home
- Question: What **would** you **do** if you **found** a treasure?

CONDITIONALS

IDENTIFY THE CONDITIONAL FORM (FIRST OR ZERO)

1. If you eat too much sugar, you'll gain weight. (FIRST OR ZERO?)
2. You'll catch a cold if you go out without a coat. (FIRST OR ZERO?)
3. If you exercise regularly, you'll feel more energized. (FIRST OR ZERO?)
4. Ice melts if you leave it out in the sun. (FIRST OR ZERO?)
5. If you mix blue and yellow, you'll get green. (FIRST OR ZERO?)
6. Plants die if they don't get enough water. (FIRST OR ZERO?)
7. If you study hard, you'll pass the exam. (FIRST OR ZERO?)
8. If you don't wear sunscreen, you'll get sunburnt. (FIRST OR ZERO?)
9. Babies cry if they're hungry. (FIRST OR ZERO?)
10. If you drop your phone, it might break. (FIRST OR ZERO?)

FILL THE BLANK SPACES.

1. If you _____ (eat) too much sugar, you _____ (develop) cavities.
2. If you _____ (not brush) your teeth twice a day, your smile _____ (not stay) bright.
3. If you _____ (skip) breakfast, you _____ (feel) hungry and low on energy later in the day.
4. If you _____ (exercise) regularly, you _____ (feel) stronger and more energetic.
5. If you _____ (drink) enough water, your skin _____ (stay) hydrated and healthy.
6. If you _____ (not get) enough sleep, you _____ (find) it hard to concentrate.
7. If you _____ (not wear) sunscreen, you _____ (could get) sunburned and increase the risk of skin cancer.
8. If you _____ (eat) your vegetables every day, you _____ (provide) your body with essential nutrients.
9. If you _____ (wash) your hands before meals, you _____ (reduce) the risk of getting sick.
10. If you _____ (not exercise) regularly, you _____ (feel) sluggish and tired.

CONDITIONALS

For hypothetical or impossible past situations
(things that didn't happen).

If + **past perfect** + **would have** + **past participle**

- Affirmative: If you **had studied** harder, you **would have passed**.
- Negative: If she **hadn't missed** the bus, she **wouldn't have been** late.
- Question: What **would have happened** if you **had woken** up earlier?

THIRD CONDITIONAL

IDENTIFY THE CONDITIONAL FORM (2ND OR 3RD)

- 1 If I had studied more, I would have passed the test.
- 2 If I were you, I would take that job.
- 3 If she had left earlier, she wouldn't have missed the train.
- 4 If we won the lottery, we would buy a mansion.
- 5 If he had called me, I would have helped him.
- 6 If you practiced more, you would play the piano better.

2/3

2/3

2/3

2/3

2/3

2/3

FILL THE BLANK SPACES (ONLY 2ND OR 3RD)

- 1 If I ____ (be) taller, I ____ (play) basketball professionally.
- 2 If she ____ (study) harder, she ____ (pass) the exam last week.
- 3 If we ____ (have) more money, we ____ (travel) around the world.
- 4 If he ____ (wake) up earlier, he ____ (not/miss) his flight.
- 5 If you ____ (ask) me, I ____ (help) you yesterday.
- 6 If they ____ (not/spend) all their savings, they ____ (buy) a new car now.
- 7 If I ____ (meet) a celebrity, I ____ (take) a selfie with them.
- 8 If you ____ (not/eat) so much cake, you ____ (not/feel) sick now.
- 9 If she ____ (be) more confident, she ____ (apply) for the job.
- 10 If we ____ (leave) earlier, we ____ (not/get) stuck in traffic.