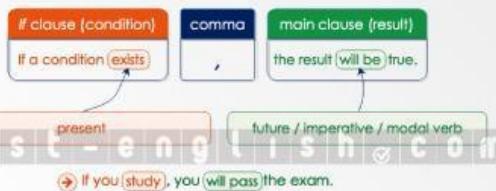


# FIRST VS SECOND CONDITIONAL

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## FIRST CONDITIONAL

Present or future POSSIBLE situations.



→ If you **study**, you **will pass** the exam.

→ If he **doesn't call**, you **should tell** me immediately.

→ If your room **is tidy**, you **can leave**.

## SECOND CONDITIONAL

Present or future UNREAL situations.



→ If I **won** the lottery, I **would buy** a yacht.

→ If I **had** a better salary, I **could travel** more.

→ If I **were** you, I **might wait** before making a decision.

## FIRST v. SECOND CONDITIONAL

If John **runs** fast, he **will win** the race.

This is still possible to happen.

If John **ran** fast, he **would win** the race.

This is unlikely to happen because John doesn't run fast.

### THE DIFFERENCE: FIRST and SECOND CONDITIONAL

Both conditionals refer to the present and future.

The difference is about **probability, not time**.

First conditional: real and possible situations

Second conditional: unlikely to happen

### First conditional:

1. If you \_\_\_\_\_ your medication regularly, your symptoms \_\_\_\_\_. *take, improve*
2. If your blood pressure \_\_\_\_\_ high, your doctor \_\_\_\_\_. *be, prescribe*
3. If you \_\_\_\_\_ regularly, your cardiovascular health \_\_\_\_\_. *exercise, improve*
4. If you \_\_\_\_\_ sunscreen before going out in the sun, you \_\_\_\_\_. *apply, reduce*

### Second conditional:

1. If you \_\_\_\_\_ your medication regularly, your symptoms \_\_\_\_\_. *take, improve*
2. If your blood pressure \_\_\_\_\_ high, your doctor \_\_\_\_\_. *lifestyle changes before prescribing medication. be, suggest*
3. If you \_\_\_\_\_ regularly, your cardiovascular health \_\_\_\_\_. *over time. exercise, improve*
4. If you \_\_\_\_\_ sunscreen before going out in the sun, you \_\_\_\_\_. *apply, get*

### Choose the correct alternative:

1. If you (have, had) a fever, you should see a doctor for a diagnosis.
2. If you (eat, ate) too much fatty food, you might experience digestive issues.
3. If you (start, started) experiencing chest pain, you should seek immediate medical attention.
4. If you (forget, forgot) to take your allergy medication, you would experience allergy symptoms.
5. If you (exercise, exercised) regularly, your risk of developing heart disease would decrease.