

READING

1 Read the brochure and choose True or False.

Relax, Train, Enjoy

Life Fitness is so much more than your everyday gym.

Your regular membership gives you:

- group classes
- cycle classes
- group Pilates
- swimming
- meditation room
- annual fitness and health evaluation

Monthly fees:
\$50.00 individual • \$85.00 couple • \$120.00 families

Extra services (additional fees apply)

- Spa (sessions of 30 / 45 / 60 minutes)
- Kids Club (childcare services for children aged 3 to 12)
- Indoor and outdoor volleyball leagues (male and female) (6+ years old)
- Summer camps (ages 3 to 12)
- Tennis (minimum age 5)
- Personal trainer (18+)
- Individual Pilates (18+)

See our website for prices and details. Call us for a free day pass to get the Life experience. Three exclusive locations across the city.

www.lifefitness.co 254 Main Street 287-862-0001

Example:

1 The gym is for adults and children.

- true false

2 The gym offers only basic services like exercise classes.

- true false

3 It is cheaper per person to join as a family.

- true false

4 The extra services are included in the monthly fees.

- true false

5 Girls can play volleyball.

- true false

6 A fifteen-year-old can go to the summer camp.

- true false

7 You must be eighteen or older to do individual Pilates.

- true false

8 Prices and additional information are available on the website.

- true false

2 Read the brochure again and choose the correct answer.

Example:

1 I have a family membership. There are four people in my family. The cost per person is ...

- a the same as for individual membership.
 b more than the cost for individual membership.
 c less than the cost for individual membership.

2 With my regular membership, I can ...

- a do cycle classes.
 b have a spa treatment.
 c have a personal trainer.

3 My husband and I want to join the gym. We will pay ...

- a \$50.
 b \$85.
 c \$120.

4 My annual health and fitness evaluation can be done at the gym.

- a Yes
 b No
 c The brochure doesn't say.

- 5 Spa sessions are available for three different lengths of time.
- a Yes
- b No
- c The brochure doesn't say.
- 6 My two-year-old child can stay in the Kids Club while I exercise.
- a Yes
- b No
- c The brochure doesn't say.
- 7 Group Pilates is ...
- a a regular membership service.
- b an extra service.
- c The brochure doesn't say.
- 8 To play tennis, I have to ...
- a not pay anything more.
- b pay more for this service.
- c The brochure doesn't give any information.

3 Read the brochure once more and answer the questions.

Example:

1 Where do I go for further details and prices? .

2 Can I try the gym for free? .

3 How many gyms are there in the city? .

4 Is it possible to play volleyball in the winter? .

5 I am seventeen years old. Can I do individual Pilates? .

6 How many membership plans are on the brochure? .