

Vocabulary

1 ★ Choose the correct word.



1 quad racing/wok racing



2 volcano surfing/kite surfing



3 bungee jumping/river bugging



4 ice climbing/extreme ironing

2 a) ★ Match the words to make phrases.

- | | |
|---|------------|
| 1 | metal |
| 2 | short |
| 3 | smoking |
| 4 | world |
| 5 | protective |
| 6 | icy |

- | | |
|---|--------------|
| A | track |
| B | clothing |
| C | spikes |
| D | championship |
| E | flippers |
| F | volcano |

b) ★★ Use the phrases from Ex. 2a to complete the sentences.

- You must wear if you want to take part in volcano surfing.
- Ben won the in wok racing last week.
- The river bugger lost one of his when his foot hit a rock.
- Ryan heated up the bottom of his wok before speeding down the
- Ice climbing boots have for digging into the ice.
- The helicopter flew high over the mountain to take pictures of the

3 ★ Fill in: craze, competitor, rapids, slope, gloves, boards, axe.

- Volcano surfing is the latest extreme sports
- The young quad racing failed to show up for the event.
- River buggers speed along a river and down
- He drove his ice deep into the side of the snow covered mountain.
- A large group of divers took their ironing underwater to set a world record.
- Ice climbing up a steep is quite challenging.
- Without webbed it is difficult to control your river bug.

Grammar

4 ★ Complete the sentences with the correct form of the verbs in brackets. What type of conditional is each sentence, 0 or 1st?

- If you like extreme sports, you (love) extreme ironing!
- Unless the weather gets better, we (not/go) to the beach.
- When ocean waves (erode) cliffs, sea caves form.
- If you boil water it (produce) steam.
- If sea levels rise drastically, low-lying islands (vanish).
- If Beth comes paintballing with us, she (have) a great time.