

Lesson One Words

1 Read the sentences and number the picture.



- 1 A small red fruit with little seeds on the skin.
- 2 You put food and drink in here to keep it cold.
- 3 This turns solid food into smooth liquids. You use it to make smoothies and soups.
- 4 A drink made from fruit and milk which is made in a blender.
- 5 A soft, orange fruit with green skin.
- 6 When you put a drink into a glass.
- 7 A drink which comes from cows. It has a lot of calcium.
- 8 The top of a blender. It stops things from coming out.
- 9 You do this when you take the skin off fruit or vegetables.
- 10 When you cut fruit or vegetables into small pieces.

2 Write, using the words from the picture above.

We like fruit and milk, so we often drink ¹ smoothies at home. We make our smoothies with a ² _____.

My brother's favourite fruit are little red ³ _____. He ⁴ _____ them with a knife when we make smoothies. I prefer ⁵ _____, but you have to take off the skin and it is hard to ⁶ _____ them.

We put the fruit in the blender. Then I take a carton of ⁷ _____ out of the ⁸ _____. I carefully ⁹ _____ it into the blender.

I always remember to put the ¹⁰ _____ on the blender because we don't want to have smoothie all over the walls! I switch it on and, in ten seconds, we have our smoothies ready to drink!

