

CONSUMPTION AND CONSUMERISM. RESPONSIBLE CONSUMPTION STRATEGIES

QUIZ

Choose the right answer:

1. What is consumerism?
 - a) A theory in economics promoting the idea of limited consumption
 - b) A social and economic order that encourages the acquisition of goods and services in ever-increasing amounts
 - c) A movement advocating for sustainable consumption practices
2. Which of the following is NOT a factor contributing to consumerism?
 - a) Advertising and marketing
 - b) Social media influence
 - c) Government regulations promoting sustainable consumption
 - d) Peer pressure
3. Consumerism is solely about the act of buying goods and services.
 - a) True
 - b) False
4. What is the term for the practice of buying goods or services as a way to express social status or identity?
 - a) Conspicuous consumption
 - b) Sustainable consumption
 - c) Frugal consumption
5. Which of the following is a potential consequence of excessive consumerism?
 - a) Environmental degradation
 - b) Economic inequality
 - c) Psychological stress
 - d) All of the above
6. What is responsible consumption?
 - a) Buying products in bulk
 - b) Purchasing only luxury items
 - c) Making purchasing decisions that consider the environmental, social, and ethical impacts
7. Which of the following is an example of responsible consumption?
 - a) Buying products with excessive packaging
 - b) Purchasing products made with unsustainable materials
 - c) Choosing products with minimal packaging and made from sustainable materials
8. True or False: Responsible consumption only focuses on environmental impacts.
 - a) True
 - b) False
9. What is the "reduce" strategy in responsible consumption?
 - a) Buying more products than needed
 - b) Minimizing waste by buying only what is necessary
 - c) Purchasing products with excessive packaging
10. Which of the following is NOT a way to practice responsible consumption?
 - a) Repairing broken items instead of immediately replacing them
 - b) Buying products from companies with unethical labor practices
 - c) Choosing products that are durable and have a longer lifespan
11. What is the purpose of the "reuse" strategy in responsible consumption?
 - a) Recycling products after use
 - b) Buying new products regularly
 - c) Extending the lifespan of products by using them multiple times
12. Which of the following is an example of responsible consumption in the food industry?
 - a) Throwing away excess food without attempting to use it
 - b) Purchasing locally grown and organic produce
 - c) Buying single-use plastic containers for food storage
13. True or False: Responsible consumption encourages impulse buying and overconsumption.
 - a) True
 - b) False
14. What is the "recycle" strategy in responsible consumption?
 - a) Repurposing old items for new uses
 - b) Disposing of products in landfills
 - c) Sending products to recycling facilities to be turned into new materials
15. How does responsible consumption contribute to sustainable development?
 - a) By increasing waste production
 - b) By conserving resources and reducing environmental impact
 - c) By promoting overconsumption and excessive spending