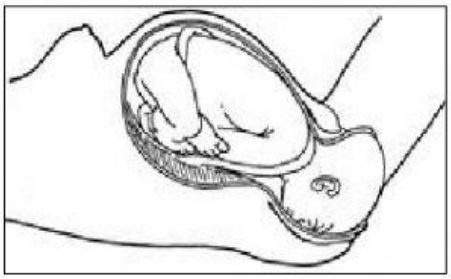
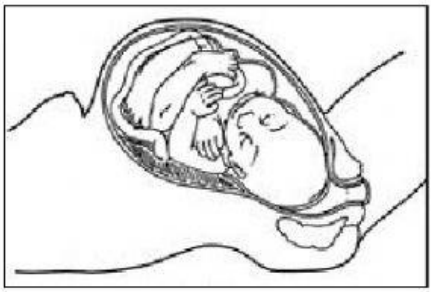
Birth

Cut along the dotted lines and rearrange them so that the notes are in the correct order



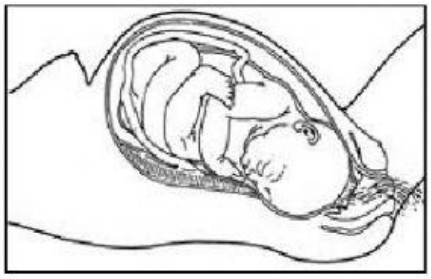
The muscles of the uterus wall now contract very strongly and start to push the baby out.
As the baby is pushed out, the cervix widens and the baby's head is pushed out through the vagina.



Before birth, the baby usually turns itself round so that his/her head lies above the cervix

As the baby is born it breathes air for the first time – the umbilical cord is tied and cut.
After a few minutes the placenta comes away from the uterus wall. This is pushed out as the *afterbirth*.

After about 9 months the baby is ready to be born. However, before it can be born, the baby must make sure it is the correct way up.



The mother starts to feel small contractions of the uterus wall. These gradually become stronger and happen more often. Eventually the amniotic sac breaks and the amniotic fluid escapes.

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