

HOME ECONOMICS

4th Quarter

QUIZ NO. 1

Name: _____

Section: _____

Direction: Choose TRUE if the sentence is correct, and FALSE if not.

- _____ 1. Food preservation is done to prevent the food from spoiling.
- _____ 2. We expose the food under the heat of the sun to preserve its water.
- _____ 3. Smoking is done by exposing the food near the fire and smoke until it is cooked.
- _____ 4. We add preservatives to prevent the growth of microbes in the food being preserved.
- _____ 5. It should be 30-40 °C of temperature to destroy the most dangerous bacteria.
- _____ 6. Food preservation helps in extending the shelf life of food.
- _____ 7. The first consideration in choosing food to preserve is to find out those available in the community.
- _____ 8. Remember the guides in food preservation.
- _____ 9. Recipes and procedures in food preservation must be followed carefully.
- _____ 10. Good appearance of the preserved food means good taste too.

Direction: Complete the paragraph. Fill in the blanks with words inside the box provided below according to what you have learned from the lesson.

functions

properly

easier

preservation

tools

There are different (1) _____ and utensils used in food (2) _____ and processing. We must know their (3) _____ to use them (4) _____. Knowing how to use them can make our food preservation and processing (5) _____.